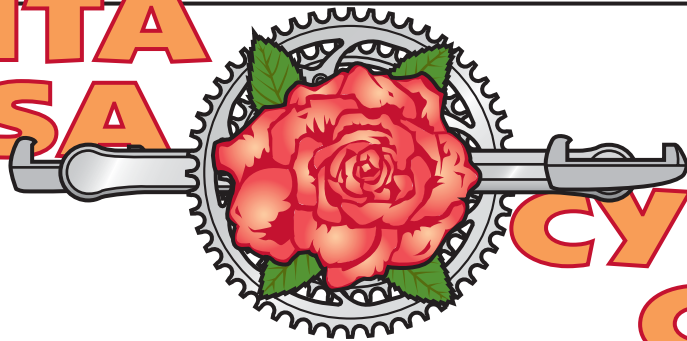


SANTA ROSA



TERRIBLE TWO
REPORT & RESULTS
INSIDE

CYCLING CLUB

JULY 2007 NEWSLETTER

Mid-State Tour: Hilly but Heavenly

Thirty SRCC members headed south in early June to do the first of the club's pair of one-week cycle-tours of this summer season. This was the Mid-State Tour, which explored a scenic assortment of hills and valleys around Santa Barbara, Solvang, and Paso Robles...in or near the Santa Ynez and Santa Lucia Mountains.

The guiding theory for this tour was that it would be a bit easier than the longer Northern Oregon Tour scheduled for August. It was a worthy goal, but it turned out to be just about as hard, thanks to a more-or-less non-stop hit parade of big and little climbs. If one did every mile of every stage over seven days of riding, the total would have been around 440 miles and 37,000' of gain, which puts it in the same league as the Condor Country Tour. That's no coincidence, as this tour shares many of the same roads with that earlier tour.

However, no one did every mile on offer. Some came very close, but many made use of sags or shortcuts to whittle the stages down to a more manageable size. Socializing, relaxing, and being comfortable were higher priorities than climbing every hill and pounding out every available mile.

Stage 1: 64 miles, 8500'. Probably the hardest and hottest day of the tour. We began in Paradise Canyon on the wild Santa Ynez River (where we camped for our first two nights). We first climbed to the village of Painted Cave, above San Marcos Pass, then descended, through a thick, damp fog, to the outskirts of Santa Barbara by way of twisting, technical Old San Marcos Road. A meandering transit of Santa Barbara and Montecito, with a visit to Mission Santa Barbara along the way, eventually brought us to the massive, epic climb of Gibraltar Road (compared in this month's *Outside* magazine to the Col du Galibier in the Tour de France). This really is a monster ascent, and temperatures in the mid-90's didn't make it any easier. But the payoff was the ridgetop run along Camino Cielo, with panoramic vistas spilling 4000' down to the blue Pacific—the fog burned off just in time—plus almost 15 miles of wild and crazy descending back to camp to wrap it all up.

Stage 2: 70 miles, 6000'. Along, lazy run over the rollers next to Lake Cachuma brought us to lovely, tranquil Happy Canyon in the Santa Ynez Valley, home to the vineyards of *Sideways* fame and to Kentucky Derby-level thoroughbred ranches. Half the group followed a lowland route around the valley, lopping off many miles and climbs, while the other half tackled the extremely hilly and remote backcountry in the shadow of Figueroa Mountain. Big, big climbs and slinky descents made this walk on the wild side a grand adventure for those

who took it on. Both groups visited the quaint but touristy faux-Danish village of Solvang, then found several different ways to ride from there to our camp for the next three nights: an RV park in Buellton. This sprawling complex has a shady lawn set aside for campers, and it offers a nice swimming pool and hot tubs for weary riders. The only bad part about it was that it was cold and windy all the days we were there...shockingly chilly for June.

Stage 3: 70 miles, 5000'. This was a simple stage: out-&-back to remote Jalama Beach. We rode into the teeth of that chilly, foggy wind on the way to the beach, then cruised home on a zephyr tailwind after lurching on delicious Jalama Burgers at the beachfront cafe. Although much of the route is nearly level, there are enough mid-sized summits to add up to a fairly substantial elevation gain.

Stage 4: 59 miles, 4000'. Certainly the easiest full stage, but still with several significant climbs of up to 16%. This is the definitive Santa Ynez Valley loop, connecting Drum, Cat, Foxen, and Ballard Canyons... all pretty, quiet, rolling back roads through a mix of vineyards, oak-dotted meadows, produce fields, and forests. The wind once again slapped us about all day. Mostly it was against us, except along famous Foxen Canyon, where we caught the tailwind just right. The wind made the day harder than it would appear on paper, including beating into a brick-wall headwind at the end.

Stage 5: 74 miles, 6000'. Another challenging, hilly stage, but very scenic. After moving our car pool caravan 80 miles north to Templeton, we set off on a trek through the Santa Lucia Mountains to the Pacific shore. York Mountain and steep, tangled Santa Rosa Creek were our way west to a stop in faux-English Cambria. Then a sweet tailwind run south on Hwy 1 brought us to Cayucos, where we had to grapple our way back up from sea level into the high hills, including two brutal miles with non-stop grades in the mid to high teens. Some folks retrieved the cars in Templeton and drove to our motel in Paso Robles, while others rode there via lovely Las Tablas and fabulous Peachy Canyon...one of the best bike roads in the world.

Stage 6: 70 miles, 5000'. Beautiful early but boring later, this stage began with more pretty miles in the Paso hills, then broke out into more open, austere country—some called it desolate—east of the Salinas River. Not a great stage but still a decent ride.

Stage 7: 30 miles, 2500'. A little gem for the morning of our getaway day: a reprise of nearly perfect Peachy Canyon, followed by Vineyard and Adelaida Roads, both almost as good as Peachy...one of the best little rides on this or any other tour, and a fitting finale for a week of wonderful cycle-touring, with good food, good company, great scenery, and best-quality biking, every day of the week.

MINUTE MIX

Highlights from the General Membership and Executive Board meetings for June

- 1. Call to Order:** President Craig Gaevart called the general meeting to order at the Round Table on Occidental Road on Wednesday, June 13. 43 members and guests were in attendance.
- 2. Treasurer's Report:** Treasurer Donna Emery announced that, as of May 31, the checking account balance was \$16,213.74, with \$76,764.18 in savings.
- 3. Membership:** Craig Gaevart reported that there are currently 546 members, including 18 new members within the month of May.
- 4. Brevets:** SRCC RUSA rep Donn King reported that the 600 K ran without incident or accidents. Club very supportive, controls impeccably run. Donn expresses need for input from club members. Five SRCC members will attend PBP: Donn King, Mike McGuire, John Russell, Tom Russell, and Craig Robertson. (*See report at right.*)
- 5. Picnic #1:** TT and Brevet volunteers appreciation picnic set for July 7. Greg Durbin has agreed to act as chair and hopes other TT riders will assist in providing a little payback to the workers who supported them during the ride. (*See item on page 8.*)
- 6. Picnic #2:** SRCC member Richard Stone has agreed to chair the annual club picnic on September 15. (*See item on page 8.*)
- 7. Terrible Two:** Plenty of last-minute tinkering with TT plans at the Board and General meetings, both in the week preceding the event. There were also TT planning meetings, equipment cleaning parties, rest stop distribution sessions in advance of the event.
- 8. YWC2 ride:** YWCA rep announced a benefit bike ride for the YWCA Women's Shelter and other YWCA projects. August 18th.
- 9. Tours.** Doug Simon reported on the successful conclusion of the Mid-State Tour, which was not only enjoyable for the participants but came in under budget. June Board meeting rescheduled to June 11 because most Board members were on the tour on what would have been the normal date of June 7. (*See article on page 1.*)
- 10. Races:** Club member Lars Norland made a presentation to the Board regarding the Tuesday Twilight Crit Series, which he has taken over from René Goncalves. Lars requested funds to assist in purchasing equipment needed to run the races. The Board approved a grant of \$750 and suggested Lars apply for a further grant if needed.
- 11. Assistance:** Doug Simon noted that the club will be loaning equipment to both BOP and ALA for upcoming cycling events.
- 12. Sale:** It was announced that NorCal Bike Sport would be honoring all WCC, TT, Brevet, SCTC, and SCBC volunteers with a special, after-hours sale on June 21 with some very good deals on a wide range of products, plus refreshments. Members who volunteered on these events will have been notified.
- 14. Guest speakers:** Greg Durbin and Bill Oetinger presented a slide show from last year's Southern Peaks Tour.

Come watch the Tour de France

Gordon and Cora Stewart are going to show the daily broadcast of the Tour de France for each day of racing again this year. Each day's race will be recorded in the morning and shown that evening at 6:00 at their home west of Sebastopol. Bring some food and drink to share. E-mail gordons@sonic.net or call 823-0941 for details. *Venga, Venga!*

2007 SRCC Brevet Series wrap-up

— Donn King, SRCC RUSA coordinator —

Thirty three riders started the SRCC 600 K and 27 finished. The time limit was 40 hours. There were three Santa Rosa Cycling Club riders: Jose Mundo, Craig Robertson, and I, and all of us finished. Jose didn't get sucked into any Memorial Day parties in Middletown this year and that improved his time substantially. I actually finished the brevet and last year I did not, so my time improved as well. Craig Robertson, on a tandem with Jenny Phillips, and riding with Robert Choi, did this 375-mile, 15,000' course in 23:45!

Lake Beryessa was surprisingly quiet this year. The Highway Patrol was out in force, and I was glad to see it. It was the Memorial Day holiday and the area around the lake and Monticello Dam can be Party Central, especially at night. It looked like the police weren't allowing cars to park and party this year and it felt a lot safer.

It was near 100° in Lake County in the daytime and clear and cold at night. Pope Valley on a bicycle is beautiful but cold after dark, and correct clothing is a must, or the rider will be in misery, at best. Fine-tuning clothing is a part of the challenge of randonneuring.

SRCC provided two supported *controles* in each direction. John and Laura Russell ran the motel *control* in Clearlake Oaks. They rented the rooms, bought the food, and with the help of John's brother Tom, staffed it, both outbound and inbound. John and Tom are going to PBP in August. Laura and John and Tom stayed up all weekend to take care of the riders. The specialty of the house was grilled cheese sandwiches and good coffee all Sunday morning. Laura would jump right up and run around when a rider needed anything, and she and I even managed a few bars of *'It's Wonderful, Wonderful'* at 5:15 Sunday morning.

The Pope Valley *control* is always a hot topic of conversation on this brevet since Bob Redmond took charge four years ago. This year Bob, Evelyn and Bill Ellis, and Kirk Runner from Tiburon ran the show, and it was sensational. They had smoothies, misters during the hot afternoon, crushed ice for camelbaks, and after dark, a campfire, a sleeping tent, espresso, and the Star Wars Trilogy going on a portable screen. Usually Bob likes rock and roll at Pope Valley, but this year the music was French, to get riders in the mood for Paris.

This is a hard 600 K: Hopland Grade, Sulfur Banks, Butts Canyon, Pope Valley, Lower Chiles, Cardiac, etc., all in both directions. Hopland Grade, at mile 315 on the way back, is the final barrier to the friendly confines of Hopland and Sonoma County to the south. I definitely felt a rush of relief when I crested it, and felt the cooler air from the coast.

Tom Kuhn, Bill Mattinson, Joanie and Peter and I staffed the Finish *control*. It's fun to be at the Finish because you get to see some pretty shattered but happy riders. There were some first-time finishers. Completing a 600 K is a milestone, oftentimes the longest distance that a rider has ever done. Finishing a 600 K is a huge accomplishment for most cyclists. The first one is especially sweet but subsequent 600's are always a challenge, to say the least.

Whither SRCC randonneuring?

We are at a turning point. The club has completed four full seasons of brevets, including a PBP year. There will be a lull now for a couple of years until interest begins to heat up again for PBP in 2011. Should

— Continued on page 7

BACKROADS & BREAKAWAYS

B&B is a column for and about local club rides, news, gossip, anecdotes, odds and ends. If you have a story to share about a ride you led, your race results, a cycling vacation, whatever...call Bill Oetinger @ 823-9807 or send e-mail to the club's e-mail address: srcc@ap.net.

This is the season when club members mysteriously disappear from the scene for a few weeks, then return with tales of great cycle-tour vacations in far off places...Tuscany or Provence, or at least Utah or British Columbia. If you are one of those lucky wanderers, share your tales with the rest of us in print: either drop us a quick note to say where you've been—for a mention in this space—or write the whole thing up for a stand-alone feature piece in some future newsletter. (Not toooo long a write-up. Space is limited.)

I have heard a few snippets of travel news while riding with folks. I know José Mundo had a wonderful run down the Natchez Trace—one of America's very few, very special National Heritage roads—where he loved just about everything he encountered. I know Rich Fuglewicz and Jean Cordalis have already managed cycle-tours in both northern Arizona and Southern Utah (Moab area)...two different trips. I know Lou Salz got in an early-season tour in Arizona. I believe John and Jo Devries are just now setting off for a tour in Italy, that Firouzeh Attwood is heading for the Dolomites, and that Linda and Sid Flurher are heading for France. I've probably been told other, similar stories by other riders, but there's only so much data I can keep on my tiny hard drive (the one between my ears).

I can speak first-hand about the club's recent Mid-State Tour. But I will do that elsewhere in this newsletter. It was a good tour, maybe even a great tour, thanks mostly to the organizational genius of Doug Simon and the upbeat, cheerful energy of all the participants. I will say it was a tough tour; harder than most of us expected it to be, including me, and I drew up the routes. We did essentially the same stages on two prior tours a few years ago, when they didn't seem that hard. Either we're getting older or the hills are getting steeper.

Between that tour, which ate up two weekends and all the days in between, and another lost weekend back at the end of May, and the Terrible Two weekend, I haven't been on a "normal" club ride since May 19. That means all the ride reports here will be from others, usually the ride leaders. That begins with Rich's Bad Little Brother on May 26. I will copy Rich's note here...

"Bad Little Brother is a great ride just by the route....133 miles and lots of hard climbing, with no shortcuts, except the sag wagon. It becomes really special when so many fine riders come from all around the bay area—and sometimes beyond—for an extreme cycling experience; even more special when the support on the course is great: this year Rita, Jean, and Kimberly, with Matt when he wasn't riding. They were out there taking care of everyone, ready to lend a hand for whatever was needed. They were just the best.

"A group of 24 left together, but about 13 riders had left earlier...so 37 riders out there, same as last year! And that was without 5-10 of the regulars. I love getting riders new to the course! We had the best weather day all weekend...sun by the time we climbed across the Mendo line and that great tailwind at the coast. The headwinds up Hwy 128 were mild and I was probably one of the few that caught any really hot weather on Mountain View, I heard it went over 90. As far as I know, there were no mishaps with traffic; all the drivers going by were very courteous. We lost one rider at Boonville with a mechanical, but he rigged his derailleur and chain to get back to the start with

a single speed. Some of the riders opted for the extra elevation and quieter road on the ridgeline out of Point Arena. Off Hwy 1, the run up and around Annapolis is always sweet: less traveled than the way in from Stewart's Point. Then, what defines the final suffering of BLB: Skaggs in from Gualala. Those who have come in those final 10-15 miles know it well, and even the strongest of the group have something to say about 'those last two grades'....a tough finish indeed! What a great year...thanks to all who came out to make the ride, and thanks for the fantastic support all along the way!"

That same day, there were two other, slightly less ambitious rides. Ken Russeff had an A ride starting in Cotati and Wayne Kellam had a B ride up Pine Flat. Ken reports on his ride: "It was a joint ride with the Golden Gate Cycling Club. We had a total of 22 riders, nine of whom were members of GGCC or of both clubs. The GGCC was basically a B group, and they, along with several of the SRCCers, rode off into the distance. Nice stop at the Tomales Bakery, as usual, with numerous individual riders there taking a break, plus a corporate outing of 20 riders in matching orange jerseys. The sun finally came out and we had a nice ride. If there is a vote for the best stretch of road in Sonoma and Marin Counties, my vote is for Chileno Valley, that is, if you love virtually no traffic, Holsteins, and an almost flat ride."

Here's what Wayne sent in about his Pine Flat foray: "My May 26th Pine Flat ride started great. There was fog in the Alexander Valley when we started up, so it was cool. I think more than a third of the riders were C riders. I was last up so I could keep track of everyone. Just below the peacock ranch, Oscar turned back. He had gone off the road speeding down Pine Flat a week or two before this ride, so he was taking it real easy. By the time I got to the steep spot, eight riders had passed me going down. That means that 19 out of 28 riders attempted the top climb! The descent was perfect for me. It was starting to warm, so I didn't get chilled. For Kirk Amos it wasn't a good day at all. In an attempt to control his speed, he went over the bars, breaking a clavicle and a finger. Jim Draeger rode to his large van and returned to pick up Kirk and his wife and bicycles, and took them to Memorial Hospital. Thanks Jim. Good work." I can tell you that Kirk is mending well. He's disgusted to be missing a good chunk of his summer season, but vows to be ready for the Oregon tour in August.

Richard Stone had a B ride out of Piner HS on Sunday: a classic loop up into Alexander Valley and back via Healdsburg and Windsor, with stops at the Jimtown Store and Cafe Noto. Richard reports that 35 riders showed up, and that everything went well all day long. This might be a good spot to mention the changes at the Jimtown Store. They really are cycle-friendly there, and they have now added a sort of curb-side service out front, under their old porte-cochere, with food and refreshments tailored to the needs of cyclists. No waiting in line at the counter inside. They have also added bike racks, which were donated to them by the Santa Rosa Cycling Club. I haven't seen the new set-up yet, but I hear it's nice. Next time you stop there, be sure to tell them you're with the SRCC and that you like what they're doing for cyclists.

That weekend—Memorial Day weekend—was the date of our final SRCC-RUSA brevet for this season leading up to Paris-Brest-Paris in August. This was the longest brevet of all: the 600 K. Donn King's report about the event is on the opposite page.

That takes care of May and ushers in June, which began with a Rose Mello ride over Coleman Valley. Rose is training her AB riders to be serious mountain goats these days, with roads like Coleman. Rose reports: "We had 14 riders. The weather was nice and cool. The sun

— Continued on page 7

The following system is used in our ride schedule so that riders can estimate the relative difficulty of each ride.

TERRAIN

- 1: Mostly flat (River Road, Dry Creek)
 - 2: Rolling, easy grades (Westside Road)
 - 3: Moderate grades (Graton Road)
 - 4: Hilly; a few steep climbs (Coleman Valley Road, Franz Valley Road)
 - 5: Very hilly; lots of long climbs (Trinity Grade, The Geysers, Skaggs Springs Road)
- (If available, elevation gain may be listed.)

TEMPO

Actual ride speed may vary, depending on terrain, distance, weather, and group dynamics. Tempo listing is only a ballpark estimate.

A: relaxed pace; frequent regroupings; waits for all riders. Over 26 minutes*

B: touring pace; regroupings every 30-45 minutes; waits for all riders. 23-26 minutes*

C: brisk pace; pacelines likely; regroupings every 30-60 minutes. 19-22 minutes*

D: aggressive pace; pacelines; slower riders may miss regroupings. Under 19 minutes*

*Times are for official SRCC speed trap: 4.4 mostly uphill miles on Graton Road from Ross Road in Graton to summit at Tanuda/Facendini junction. If you want to know where you fit in on club rides, time yourself on this section (at your normal riding tempo) and compare your time to the list above.

DISTANCE

The last figure in the formula, stated in approximate miles. (If in doubt, leader should overestimate mileage slightly.)

• RSVP WITH RIDE LEADER •

Ride leaders should provide maps and/or route instructions. Riders should carry I.D., cash, tube(s), flat repair kit, water bottle(s), and have their own map in case they get lost.

HELMETS ARE MANDATORY ON ALL CLUB RIDES!

Non-members are welcome on club rides! (Non-members must sign a liability waiver provided by the ride leader.) If the course seems too long or difficult, the ride leader can generally suggest an alternate starting place or bail-out route.

RAIN CANCELS ALL RIDES, UNLESS OTHERWISE NOTED.

RIDES LEAVE PROMPTLY AT TEN MINUTES AFTER THE LISTED TIME.

RIDE SCHEDULE

PDF route slips available at www.srcc.com...go to Current Ride List

SUNDAY • JULY 1

Sebastopol-Occidental-Tomales

4/BC/50
9:00 AM • Analy HS

R on High School > L on Occi > L on Mill Station > R on Cherry Ridge > L on Occi > L on Jonive > R on Bodega > L on Valley Ford-Freestone > L on Hwy 1 > R on Estero > Franklin School > L on Dillon Beach (Rest stop in Tomales) > North on Hwy 1 > R on Fallon-Two Rock > R on Petaluma-VF > L on Bloomfield > L on Pleasant Hill > R on Covert > R on 116 > L on High School.

Richard Stone—292-3006

SRCC Welcome Wagon Ride

1/A/10
10:00 AM • Howarth Park

Introductory ride for novice cyclists (veteran riders welcome too). Easy, social pace. Plenty of opportunities for learning bike skills with supportive, experienced mentors. Instruction on working on bikes available on request.

Mike & Janice Eunice—575-9439

WEDNESDAY • JULY 4

Bicycle Santa Rosa

3/BC/35-45
8:30 AM • Julliard Park

Sonoma Ave > Thru Spring Lake Park > Channel Dr > Thru Oakmont > Pythian > R on Hwy 12 > L on Adobe Canyon (rest stop at ranger station) > Retrace down Adobe Canyon > L on Hwy 12 > R on Dunbar > L on Arnold > R on Hwy 12 > R into Sonoma Valley Regional Park > Bike trail > R on Arnold to Glen Ellen (rest stop at Glen Ellen Market) > Retrace to L on Warm Springs > L on Sonoma Mtn > L on Pressley > Roberts > R on Petaluma Hill > R on Santa Rosa Ave to Julliard Park for the 4th of July celebration. Optional miles: L from bike trail on Arnold to Orchard out-&-back in Eldridge, then retrace to Glen Ellen. See item on page 7 about Bicycle Santa Rosa Festival.

Bill Oetinger—823-9807

THURSDAYS • JULY 5, 12, 19

Yoga-Swim-Ride

7:30AM • River Road Park-&-Ride (next to Hwy 101)

We will ride to Hot Yoga in Sebastopol which starts at 8:30AM and last until 10AM. Then we

will ride back to Santa Rosa and swim at Ridgeway Pool. Then we ride back to the car.

Jose Mundo—528.0829

SATURDAY • JULY 7

TT & Brevet Volunteers' Ride

3-5/ABC/25-50
9:00 AM • Howarth Park

B route: L on Summerfield > R on Beathards > L on Yulupa > Bennett Valley > R on Enterprise > L on Sonoma Mtn > R on Warm Springs > R on Arnold (rest stop at Glen Ellen Market) > Retrace on Arnold to L on Dunbar > L on Henno > R on Warm Springs > L on Lawndale (incl. Schultz) > L on Hwy 12 > R on East Pythian to end (regroup at trailhead) > Retrace to straight on W. Pythian thru Oakmont > L on White Oak > R on trail thru Annadel > Channel > L on Violetti > R into Spring Lake Park > Thru Park to Oak Knolls Group Site for picnic or—if not attending picnic—pack to Howarth Park. **A route:** Thru Howarth & Spring Lake Parks > Channel > Thru Oakmont > R on Hwy 12 > R on Warm Springs > R on Arnold to rest stop at Glen Ellen Market > Return following B route from Glen Ellen. **C route:** from Glen Ellen: south on Arnold > L on Madrone > R on Hwy 12 > L on Cavedale > L on Trinity > R on Dunbar to rejoin B route. See item on page 8 for more info on picnic. This ride takes the place of Second Saturday rides for July.

A: Kimberly Hoffman—579-3754

B: Jim Draeger—576-1058

C: Bill Oetinger—823-9807

SUNDAY • JULY 8

Paceline Workshop #2

B-tempo
9:00 AM • Willowside School

Following up on last month's introductory paceline clinic with more instruction and drills.

Tom Helm—542-0356

SATURDAY • JULY 14

West County Hills

4/C/65
9:00 AM • Willowside School

R on Hall > Sanford > R on Occi > R on bike path to Graton > L on Graton > L on Boho > R on Bittner > L on Joy > R on Bodega > L on Hwy 1 > R on Estero > Franklin School > L on Dillon Beach (rest stop at Tomales Bakery) > North on Hwy 1 > R on Fallon-Two Rock > L on Ghericke > R on Pet-VF > L on Bloomfield

> L on Burnside > R on Barnett Valley > Sanders > R on Watertrough > Pleasant Hill > R on Elphick > L on Hwy 116 > R on Joe Rodota Trail > L on Wright > Fulton > L on Hall to end.

Brian Carroll—579-4975
Mark Sedgwick—575-8942

The Road To Noto

2.5/A/30
9:00 AM • Piner Youth Park

L on Fulton > L on Piner > L on Willowside > R on Hall > L on Sanford > R on Occidental > R on Hwy 116 > R on Frei > L on Guerneville > R on Laguna > Trenton-Healdsburg > R on Mark West Station > L on Starr > R on Windsor River > L on Windsor > R on McClelland (*Break at Cafe Noto*) > L on Honsa > R on Windsor River > L on Windsor > L on Slusser > L on Laughlin > Woolsey > L on Olivet > L on Piner > R on Fulton to Park.

Ken Russeff—953-1804

SUNDAY • JULY 15

Mid-County Meandering

2/A-B/35
9:00 AM • Esposti Park

R on Shiloh > L on Skylane > Laughlin > R on W Laughlin > R on slusser > L on Mark West Station > R on Trenton-Healdsburg > L on Eastside > R on Wohler > R on Westside > Mill > L on Center (*Coffee at Oakville Grocery*) > R on Matheson St East > R on 1st > L on Front > L on Healdsburg > L on Old Red > L on Limerick > R on Los Amigos > L on Arata > Hembree > L on Old Red > L on Pleasant > Faught > R on Shiloh to Esposti Park.

Rose Mello—543-5889

SRCC Welcome Wagon Ride

1/A/10
10:00 AM • Howarth Park

See July 1 listing for more information.
Mike & Janice Eunice—575-9439

SATURDAY • JULY 21

More West County Hills

4/BC/55
9:00 AM • Analy HS

High School > L on Occi > R on Mill Station > L on Sullivan > L on Green Valley > R on Thomas > Maddocks > R on GV > L on Harrison Grade > R on Morelli > L on Occi-Camp Meeker > L on Acreage > R on Graton > L on Boho > R on Coleman Valley > L at Hwy 1 > L on Bay Hill > L on 1 > L on Bodega > Left on Joy > R on Bittner > L on Boho > R on Graton > R on Sullivan > R on Mill Station > L on Occi > R on Barlow > L on MS > Bike path to Analy.

Jay Sexton—823-7162

SUNDAY • JULY 22

Pine Flat Time Trial Challenge

3-5/CD/70
9:30 AM • Piner HS

N on Fulton > L on Old Red > R on Shiloh > L on Faught > R on Chalk Hill > L on Hwy 128 > R on Pine Flat. Get start times at the bottom, regroup at top. Reverse to Piner High.

Doug McKenzie—523-3493

SATURDAY • JULY 28

Ida Clayton

4/BC/61
9:00 AM • San Miguel School

L on Faught > L on Old Red > L on Mark West Springs > Porter Creek > L on Franz Valley > L on Hwy 128 > R on Ida Clayton to end of pavement (regroup) > Retrace to R on Hwy 128 > L on Chalk Hill > L on Pleasant > R on Faught

Janice Oakley—568-7062

SUNDAY • JULY 29

Steve's More Level Century

1-2/AB/100
8:00 AM • Howarth Park

R on Summerfield > L on Montgomery > 3rd St. > Hall > R on Willowside > L on Piner > R on Olivet > L on West Olivet > R on Oakwild > R on Woolsey > Laughlin > L on W. Laughlin > R on Slusser > R on Windsor > L on Windsor River > R on Eastside > L on Old Red > R on Healdsburg > L on Matheson > R on Vine > Grove > L on Healdsburg > L on Lytton Springs > R on Geyserville > Asti > R on Crocker > L on River > L on Geysers > Retrace from the 50-mile point, with a brief detour into Cloverdale for a rest stop.

Steve Drucker—538-5256

Franz Valley-Knights Valley

4/B/35
9:00 AM • San Miguel School

L on Faught > L on Old Red > L on Mark West > Porter Creek > L on Franz Valley > L on Hwy 128 > L on Chalk Hill > L on Pleasant > R on Faught to school.

Wayne Kellam—523-1878

REGULAR RIDES

Tuesday Teens

AB tempo • Miles in the teens
6:30 PM • Sebastopol Community Center (7/3 & 7/10 only)
Robert Thille—780-1560

Tuesday Night Rides

Moderate pace (B) • 5:30 PM
First Wednesday: Cotati Dog Park

Second Wednesday: San Miguel School
Third Wednesday: Willowside School, SR
Fourth Wednesday: River Road Park & Ride

Wayne Kellam—523-1878

Wednesday Wanna-B's

B or C tempo • 30-50 miles
9:00 AM

First Wednesday: Howarth Park, Santa Rosa

B: Beth Anderson—584-3685

C: Greg Stone—527-6116

Second Wednesday: Healdsburg City Hall

B: Terri Peterson—433-7737

C: Looking for a leader

Third Wednesday: Ragle Park, Sebastopol

B: Doug Newberg—579-0925

C: Looking for a leader

Fourth Wednesday: Ragle Park, Sebastopol

B: Alfred Masey—546-0898

Joe Conway—875-9056

Ed Steiger—538-7395

C: Johann Heinzl—539-7991

Fifth Wednesday: Howarth Park, SR

B: Bob Briner—799-7146

C: Looking for a leader

Friendly Fridays

2-3/B/25-40 • 9:00 AM
at the following starting points:

First Friday: Cotati Dog Park

Greg Stone—527-6116

Second Friday: Howarth Park, Santa Rosa

Martin Clinton—569-0126

Third Friday: Ragle Park, Sebastopol

Doug Newberg—579-0925

Fourth Friday: City Hall lot, H'burg

Warren Watkins—433-4403

Fifth Friday (B group only): Esposti Park

Buck Hall—537-1946

2-4/C/35-50 • 9:00 AM

Same schedule as other Friday rides.

Martha Barton—538-9315

Dave Andersen—537-7745

Todd Sloan—571-1804

2-3/A/25-30 • 9:00 AM

Janice Eunice—575-9439

Tuesday Twilight Crits

April 17 to August 28
Corporate Center

Races for Cats 4-5, 3-4, 1-2-3-Pro.

Lars Norlund—527-8646

Saturday Mtn Bike Ride

4/AB/15-20 • 9:00 AM • Rincon Cyclery • 1st & 3rd Saturdays, each month • Beginning to intermediate off-road in Annadel

Russ—538-0868

Flat Fixing Clinic

First Thursday of each month
6:30 pm. No cost • Call to sign up:

NorCal Bike Sport—573-0112

did not come through till almost noon. The Russian River Rodeo was going on at Duncan's Mills...pretty busy place."

The next day brought us the official century of the month, led out by Randall Ray. "We had a rather meager turnout for the coveted green century for June. With many of the die-hards on tour, we had only nine at the start. Doug and Deanna met us at Duncans Mills on their tandem, just in time to engineer the fast train to Jenner and down the coast. The first climb to Hwy 1 split us into two distinct groups: those who desired to hang onto the wheel of the tandem, and the chatty sight-seers. Following Wayne Kellam's formula for ride leading, I hung near the back, trying my best to keep track of all my sheep (cats). At Tomales we lost a few riders to the shorter route, so there were eight of us in it for the full 100. We had a nice tailwind climbing out of the fog on Marshall Wall, making for a fairly easy spin with gorgeous views all the way to my favorite rest stop, the cheese factory!

"I think we milked the rest stops for all they were worth, but somehow we all wedged our saddles back into position and started turning the cranks again. The last 30 miles started with a tailwind up Red Hill, but then began a seemingly endless series of rollers into either a headwind or crossing headwind. We met back up with a 100-K'er and a lost sheep along the way, and a few peeled off to head home. My GPS showed 7800' of elevation gain, mostly rollers. For me as a ride leader, this was a very enriching century. Things really change when the group is small on a longer ride; your options become fewer and your decisions become more important. Good stuff!"

Speaking of centuries, this was also the date of the Sacramento Wheelmen's Sierra Century. They came up with a brand new route this year, out of Murphy, and by all accounts it was a whopper of a ride, with over 10,000' of steep climbing. Not your entry-level century! We know that Rich Fuglewicz, Bob Stolzman, Kipp Frey, and Jean Cordalis were there representing the SRCC. Perhaps there were others as well. Rich and Bob both sent reports which we may run in a future month if we can find the space. But they both say about the same thing: wickedly tough course, but a new, instant classic.

Next up was the Second Saturday ride, this month out of Healdsburg and featuring some new ride leaders. George Gallegos—a veteran leader at this point—led the A group, and I did not get a report from him, but I got notes from both John O'Connell, who led the B's, and Tony Lee, who led the C's. John's report: "It was a great thrill to ride with the C riders for a short time (until I just couldn't keep up anymore). Tom West and I rode most of West Dry Creek until coming across what I thought was one of the C riders and another person fixing a flat. We stopped until they were done and Alan and Sue joined us to make a group of six. We picked up another at Yoakam Bridge, my friend Brad, who had driven over from Davis to join us. It was a perfect day for a ride and all was smooth sailing. The only startling moment came at the Jimtown store when somebody's front tube exploded—literally—while it was leaning up against the building (not one of our bikes...ours were all in the bike rack)." And now Tony's C-note: "We had a good turnout for the ride. The C riders started off with John and the B riders for a pleasant pace up West Dry Creek. About 20 of us split from the B group at Dutcher Creek and regrouped at Lake Sonoma. Rockpile was beautiful and the return trip to Lake Sonoma was a blast, with probably most of the riders clocking near or above 50 mph on the long descent before the bridge. Some of the guys were boasting about it in the visitor's center and a friendly park

ranger gave some motherly advice and offered free tickets to anyone who wanted them. Several riders split off to return on Dry Creek and a few more split off at Geyserville. The rest of us took advantage of the tailwinds and picked up the pace. Total stats for the day: 66 miles at 17.9 mph. Good job everyone!"

This weekend featured another popular Bay Area century: the Sequoia Century in the South Bay hills and Santa Cruz mountains. We had reports from Mike DeMicco and from Bill Ellis, who did it on the tandem with Evelyn. This is another century that tinkers with its route, year to year. Mike and Bill both like its current configuration and had many flattering things to say about the ride. Perhaps we can gang their reports together with the Sierra Century reports in a month when the TT isn't taking up so much newsletter space.

On Sunday, the Eunices had another of their Welcome Wagon rides—still going strong—and Wayne Kellam had a ride out in Pope Valley. Wayne checks in: "The Pope Valley ride was pretty good for everyone but me. We had a cool ride most of the way. It didn't get warm until we were riding down Howell Mountain into the valley with all the climbing done. Unfortunately, the Pope Valley store was closed because of a memorial service. There was some sharing of water and food to help those who didn't have enough. As soon as we left the store, my front derailleur quit working. I was stuck in my small chainring, but if you have to be stuck in any chainring at the base of Ink Grade, you are lucky to be stuck in the small one. There wasn't much level riding until we got to Pope Street in the valley. Everything else seemed to be up or down, so it wasn't such a bad glitch. On Monday I gave the stiff shifter a little WD40, and it works perfectly again. Hmm..."

And that brings us to a really, really big ride: the Terrible Two on June 16. You can read the report on that ride elsewhere in this newsletter, and if you're a nut for the details, you can pore over the tiny-type results lists to find your name or the names of your friends. Let's hope you find them there and not in the unlisted limbo of the DNF's.

Speaking of doubles, there have been four of them during this reporting period, not counting the TT: Central Coast, Davis, Heartbreak, and Eastern Sierra. So far, none of them has managed to get their results up on the 'net, so we will wait to report on them, and on the possible participation of club members in them, until they get their acts together. (The TT results were published within two days.)

One final item... You are of course aware of our litter pick-up program on West Dry Creek Road. It now appears that our efforts are producing some positive results beyond the basic removal of the trash. The homeowners' association in Dry Creek Valley held its own litter day awhile back, and they invited Richard Stone, our current litter boss, to attend. The work was followed by a BBQ at one of the homes in the neighborhood, where Richard was the recipient of much praise and good wishes for all that the SRCC has done. We received a note after the event which included this: "The Dry Creek Valley Association very much appreciates the involvement of the Santa Rosa Cycling Club for its yearly cleanup of the Dry Creek Valley. Several residents said they too are avid cyclists, and agreed it's important to continue the outreach between the cycling club and residents of Dry Creek Valley." Those of us who can recall how adversarial and contentious our relations used to be with the folks in this valley are thrilled to see how much things have improved. Taken together with the cycle-friendly developments at the Jimtown Store—including our SRCC bike racks—we can begin to feel hopeful that the tide of public opinion is turning ever-so-slightly in our favor up in the wine country.

SRCC is LAB Club of the Year

Each year the League of American Bicyclists selects clubs from among its 600 member organizations to be honored as Clubs of the Year. This year, the League has selected the Santa Rosa Cycling Club for that honor, representing the region of the Western United States that takes in California and several other states.

The honor is in recognition of a consistently high level of excellence in all of a club's efforts, from rides and events to advocacy. We in the SRCC know we have a good club and do a good job on several fronts, but it's always nice to discover that others outside the club have noticed. If you have volunteered on a club event, doing anything from listing a ride to working at an event to serving on the Board or on a committee, then you can take satisfaction in knowing your efforts have been recognized out in the larger world, beyond our club.

Thanks to all the volunteers!

Now that we have completed the Wine Country Century and the Brevet Series and the Terrible Two; now that the bulk of our big tasks are behind us for the year, it's time once again to doff our caps, or our helmets, if you prefer, and shout out a big "THANK YOU!" to each and every club member who has helped out on any of these events. (And we know that many of you have helped out on all of them, often in more than one capacity.)

There is a reason why the Wine Country Century sells out a month in advance of the event, with those who didn't get in beating down our doors. There is a reason why the Terrible Two is voted #1 in rider satisfaction by Triple Crown participants, year after year. There is a reason why our club has been honored as Club of the Year for all of the Western United States by the League of American Bicyclists. That reason is YOU...each of you individually and all of you collectively.

Sure, we have great routes. (Dreamed up by earlier volunteers once upon a time, and tinkered with by current worker bees every year since.) But the main thing that sets our events apart from others is great support. Each of us doing our little bit—and a few stellar souls doing a lot—has added up to a superb organization in this club that knows what is needed and knows how to provide it.

What makes all this remarkable is that we are not a for-profit corporation with a paid staff. We are a loose-knit, grass-roots gang of amateur volunteers. We don't get paid to do what we do, and I don't think most of us would want to be. We do it because we love it and because we know that the doing of it makes the world a little bit better than it would have been without our efforts. When the call goes out for this task or that chore, the volunteers show up. Amazing!

Now, having said that, it is worth noting that the volunteers who do show up mostly have familiar faces. The same folks are carrying the load most of the time. In a club with over 500 members, less than 200 are doing 95% of the work, and less than 50 are probably doing 80% of it. This is typical of most organizations that rely on volunteer energy to keep the wheels turning. But it is a concern because those carrying the load are only human, and over time, taking on too much will eventually lead to burn-out. So while we congratulate those who have done so much to make this such a vibrant, successful club, let's remind the other members that we're all in this together. We always need new folks to step forward and become involved. Try it: you'll find it's great fun to be part of such a dynamic family of volunteers.

Bicycle Santa Rosa Fourth Of July Festival

11:00 am—3:00 pm • Juilliard Park

Fun for the whole family • Kids' games, contests
Kids' Bike Decorating & Parade • Cruiser Bike Raffle

Music by St. Peterbilt

9:00 am: City Council Ride

"Joe Cool" Snoopy Statues Bike Tours

Valet Bike Parking • Food Vendors • bikesonoma.org

There will be a Santa Rosa Cycling Club ride in conjunction with the Bicycle Santa Rosa festival.

See Ride Schedule on page 4 for more details.

Park Tool School Instructional bike repair sessions

Class 1: Sunday, July 22; 5:30 pm-8:30 pm
Tubes, tires, bike checks, bike washing

Class 2: Sunday, July 29; 5:30 pm-8:30 pm
Caliper brakes and disc brakes

Class 3: Sunday, August 5; 5:30 pm-8:30 pm
Front and rear derailleurs

Class 4: Sunday, August 12; 5:30 pm-8:30 pm
Hubs, chains, sprockets, chain rings, bottom brackets

Class 5: Sunday, August 19; 5:30 pm-8:30 pm
Headsets, handlebars, stems, seat posts

Class 6: Sunday, August 26; 5:30 pm-8:30 pm
Front and rear derailleurs #2

Sign up early: only six spots per class. \$20 per class, per person.

One time 15% discount on Park Tools for participants. Classes will use the Park BBB repair book as a manual. Shop copies will be available for purchase at \$15. Bring your own bike and be prepared to learn some good stuff. Contact Thad in the Bike Peddler Service Department to sign up. 571-2428.

2007 SRCC Brevet Series wrap-up

— *Continued from page 2*

the club continue to offer brevets? Does sufficient interest in ultra distance riding exist in the club? Who is interested in becoming involved in the presentation of the brevets? In order to continue, I would like to hear from people in the club who are interested in riding, helping with rest stops, or administration. Maybe there is someone who would like to co-chair with me and learn the entire operation. New energy is welcome at all phases, including ridership, planning, administration, route design, etc. Creative ideas for brevet design and increasing ridership, especially within SRCC are welcome. Contact me and let me know what you think, and thanks for your support over the past four years!

SANTA ROSA CYCLING CLUB

**PO Box 6008
Santa Rosa, CA 95406**

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Member:
LAB • CBC • CABO • REBAC • SCTC • IMBA • SCBC

- President: Craig Gaevart 545-4133
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Secretary: Donn King 823-5461
Treasurer: Donna Emery 546-6359
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Charlie Rowell 432-4538
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Bill Oetinger (newsletter editor, ride director) 823-9807
Bill Osburn (webmaster) 477-6974
Looking for a new meeting program coordinator
Sharron Bates (club apparel sales) 526-3512
Craig Gaevart (membership registration) 545-4133
cgarch@sonic.net

SRCC website: <http://www.srcc.com>

E-mail: srcc@ap.net (Bill Oetinger, e-mail wrangler)

Membership applications available at website.



The Santa Rosa Cycling Club is a social/recreational organization comprised of cycling enthusiasts with a wide range of abilities and interests. Our purpose is to promote the safe and efficient use of bicycles through club rides and events, and by maintaining an active presence in the local community. We encourage a large and vital membership and try to provide rides for all abilities. We publish a membership roster and a monthly newsletter and ride calendar. We hold a general membership meeting and an Executive Board meeting once each month.

GENERAL MEMBERSHIP MEETINGS

Wednesday, July 11 • 6:30 PM

Round Table Pizza
(Occidental Road, west of Stony Point)

Terrible Two review and slide show

Wednesday, August 8

EXECUTIVE BOARD MEETINGS

(Open to all interested members)

Thursday, July 5 • 6:00 PM

TLCD Architecture • 111 Santa Rosa Ave. (SW corner at 1st St)
Door open between 5:45 and 6:00pm • After that, call 478-9387

Thursday, August 2

Picnic News

Volunteer Appreciation Picnic For Terrible Two and Brevet Series Volunteers

Saturday, July 7 • 12:30 to 4:00

Oak Knolls Group Site • Spring Lake Park
(Hoen-Newanga entrance to park or ride through park)

Food and drink provided by club

RSVP to Greg Durbin: 528-4450; gduurb@sbcglobal.net

Picnic support crew needed (TT riders: this means you)

See Ride Schedule for details of ride before picnic



Annual End-of-Summer Club Picnic For all club members

Saturday, September 15 • 12:00 to 4:00

Ragle Ranch Park, Sebastopol

Some food and all drinks provided by club
Balance of food provided by pot-luck from participants

RSVP to Richard Stone: 292-3006; stonebiker@comcast.net

Picnic support crew needed

More details in August & September newsletters

Terrible Two riders dodge the bullet...again

The 2007 edition of the Terrible Two double century—on Saturday, June 16—took place on another day of not-so-terrible weather, leading to a low rate of attrition and a high rate of success and satisfaction for most participants. But, as has become the norm, it was a very near thing: all week long, leading up to the big day, it had been triple-digit hot in the region. (105° in Healdsburg on Thursday.) But the forecasts called for a cooling trend, and on Friday night, Mother Nature's big air conditioner finally kicked in. The Pacific Ocean fog rolled in and hung around until the riders were halfway up the Geysers. The official high in Cloverdale on Saturday—our traditional benchmark—was only 86°, and that translated to bike thermometer readings of high 80's to high 90's on the exposed ridgelines of Skaggs Springs after lunch. Toasty, but not terrible. On Sunday however, the official high in Cloverdale was right back up to 97°, which would have turned Skaggs into an inferno. How lucky can you get?

285 riders took the start, almost identical to last year's record field of 286. (That includes three tandems, so 282 official starters.) Unlike last year though, when hot weather contributed to only 55% of the riders taking home their coveted "I Did It!" t-shirts, this year, with such pleasant conditions, 212 riders (75%) made it in by 10:00 pm and 229 finished altogether. 229 total finishers is a new record.

Up at the front end of the field, the results looked much the same as last year. Santa Rosa's Brenda Phelps was again the first female finisher, in a time of 12:05, and for the sixth year in a row, Mr. TT, Brian Anderson, sat atop the men's pile. But at least this year, the Santa Rosa homeboy had to work for it. His time of 11:11 brought him to the finish just five minutes ahead of Sebastopol's Marc Moons. That was his closest margin since he finished tied for first in '02 and '03.

It's fascinating to see how Anderson goes about this business. As is well known by now, he doesn't lead early, but is patient and saves something for later in the day. A look at the time splits tells much of the story. He was in 27th place, 16 minutes behind Moons and the other front runners at the Geysers stop. By lunch, he was 12 minutes behind; by Camp Gualala, 8 minutes behind. And at Fort Ross, when Moons rolled in, the workers said, "He's right behind you." Marc turned

around and looked, and sure enough, there was Brian, standing right behind him.

They started up the fearsome Fort Ross climb together, but Brian soon began to inch ahead. Marc was at his limit and told Brian to, "Go for it!" But Brian graciously replied that he wasn't going for anything, but just trying to survive. (This is reminiscent of 2005, when he apologized to Paul McKenzie and Ray Plumhoff for having to drop them on the Annapolis climb.) In spite of his "just surviving" protestations, Anderson put four minutes into Moons by Monte Rio and one more for good measure by the finish. As good as Anderson is on the climbs, Moons feels he's at his best as a *rolleur*, hammering out the flats and rollers. He's wicked quick on the downhills too...a real advantage on the TT's steep, technical, rabbit-hole descents.

At the finish, Anderson hung around long enough to shake Moons' hand, then did his usual modest fade, leaving quickly and riding back home to Santa Rosa. An enigmatic and intriguing figure.

Phil Hornig finished third, nine minutes adrift of Moons, but he was close enough to stay ahead of Moons in the final standings in the California Triple Crown Stage Race. (Defending Stage Race champ Robert Choi of Rohnert Park had been in second in the standings, but didn't enter the TT.) Tony Lee of Petaluma—another SRCC regular—was next in the standings with a four-minute lead on David Fisher going into the TT. They finished together in 11:50, tied for 8th, so Tony gets the final podium step in the Stage Race. That's the second year in a row that Sonoma County boys have occupied two of the podium steps in the CTC Stage Race.

Second behind Phelps in the women's division was Theresa Lynch of Palo Alto and Janet Martinez of Pleasanton was third.

All three tandems entered in the TT finished, led home by Robert and Barbara Fletcher of Vacaville in a time of 14:25, with Curt Simon and Rebecca McClelland of San Rafael not far behind. James Kern was the only recumbent finisher, cranking out a very snappy time of 13:19, which is a new short-course record, although still a ways from Eric House's 'bent record of 12:53 on the old long course. Former winner Ken Eichstadt was again out there making the impossible look somehow plausible: he did it again on his fixed-gear. The oldest finisher was William Oldham at age

69—third oldest ever—and the youngest finisher was Matthew Wilson of Sebastopol, aged 18.

As far as we have been able to determine, there were only two accidents of any note. Once was nothing much at all, but the other was quite a story. Steve Berry of Brisbane finished the ride to claim his sixth TT tee, but out on the Black Mountain descent to Cazadero, he had crashed on one of those tricky tree-root pavement bumps that make that stretch such a minefield. Front somersault at about 35-mph. After sorting himself out, he got back on his bucking bronco and finished the ride. Then went to the emergency room. Several hours, x-rays, and CT scans later, it was determined he had a broken neck! Obviously, not the kind of broken neck that everyone fears, but still a pretty big deal, and it will feel even more like a big deal after a month in a neck brace. Steve gets our True Grit-No Brains Award for 2007.

The Analy High School campus in Sebastopol once again served as the start-finish venue, and it was as nice this year as last, with a regular circus of festivities in the school plaza after the ride. The route changes introduced last year, including the switch to Analy, should have resulted in a route of exactly 200 miles. But the Hwy 101 construction detour in Santa Rosa last year added half a mile to the course. Now, with the detour gone, we are happy to note that the 2007 version of the Terrible Two was exactly 200.0 miles...and that is the first time in its 32-year history that the miles have been on the button.

Finally: thanks to all of the 150+ SRCC members and friends who volunteered before, during, and after the event to make it such a success. The e-mails from happy riders let us know how much all that energetic and cheerful work means to them. You are all the best!

Terrible Two 2007

282 official starters
(282 bikes, 285 riders...3 tandems*)
229 official finishers
212 by 10:00 pm I Did It! cut-off (75%)

*Tandems count as one place in results

1. Brian Anderson, 37, Santa Rosa 11:11
2. Marc Moons, 41, Sebastopol 11:16
3. Phil Hornig, 49, Pleasanton 11:25
4. Giampaolo Pesce, 42, Santa Rosa 11:40
5. Greg Drake, 36, Redwood City 11:41

— Continued on reverse

2007 Terrible Two results (cont.)

6. Graham Pollock, 39, Folsom; Jamie Goldstein, 34, Santa Barbara 11:48
 8. David Fischer, 45, Santa Barbara; Tony Lee, 48, Petaluma 11:50
 10. Aric Shipley, 29, Wake Forest, NC 12:00
 11. Michael Sharp, 49, So. Lake Tahoe 12:04
 12. Glenn Mattsson, 50, Santa Rosa; Curtis J. Taylor, 35, Folsom, Tim Chase, 41, SF; Barney Wilson, 46, Cool; Jeff Landauer, 39, Roseville; Brenda Phelps, 32, Santa Rosa 12:05
 18. Karl Erickson, 24, Colo. Springs, CO . 12:12
 19. Michael Pucci, 47, Petaluma 12:17
 20. Russell Stevens, 37, Santa Clara; Monte Butler, 42, Angwin; Dan Boyle, 37, SR; Sean Allan, 42, Foresthill; Karta Atehortua, 30, Palo Alto; David Hoag, 42, San Jose 12:18
 26. Scott McKinney, 41, Sacramento 12:24
 27. Craig Robertson, 49, Los Altos; Wade Baker, 52, Atascadero 12:29
 29. Kevin Keenan, 51, Woodside 12:31
 30. Paul Stephens, 46, Oakley 12:40
 31. Bob Fisher, 51, Spokane, WA 12:50
 32. Peter Hewitt, 42, Sacramento; Paul McKenzie, 52, Richmond 12:55
 34. Georg Ockenfuss, 42, Santa Rosa; Joe Fleck, 45, Brentwood 12:58
 36. Gary Franck, 50, Morgan Hill 12:59
 37. Michael Cook, 36, Santa Rosa 13:01
 38. Seth Ellis, 27, Susunville; Dave Reynolds, 46, Santa Cruz, David King, 42, Galt 13:04
 41. Robert Duchynski, 42, Santa Rosa; Jason Hall, 33, Santa Rosa 13:07
 43. Michael Arreguin, 42, Sacramento 13:15
 44. Reid Walden, 56, San Francisco 13:18
 45. James Kern, 48, Sunnyvale (R); Ernie Perreira, 38, Sebastopol 13:19
 47. David Halstead, 43, SR; Nick Keane, 22, SR, Elmar Stefke, 42, Berkeley 13:20
 50. Joe Miller, 40, Benicia 13:25
 51. Mark Dvorak, 44, Folsom; Joshua Talley, 35, Santa Monica; Scott Hartzel, 34, SF; Scott Witthoff, 40, SF; Carter Busse, 38, SF; Peter Farran, 53, Calgary, AB; Gustavo Hernandez, 45, Davis; John Marengo, 49, Fair Oaks 13:32
 59. Ken Holloway, 54, San Jose; Kent Farney, 56, Novato 13:39
 61. Craig Stewart, 46, Orinda; Ray Hittenmiller, 48, Monte Rio 13:41
 63. Eric Pacenta, 29, Menlo Park; Mark Yelencich, 51, SJ; Hugh Gapay, 42, Cornelius, OR 13:45
 66. Greg Durbin, 50, Santa Rosa; Theresa Lynch, 41, Palo Alto 13:50
 68. Michael Borges, 44, Stockton 13:58
 69. Jerome King, 38, Sacramento; Daniel Crain, 62, Irvine; William Oldham, 69, Orinda; Bill Brier, 45, Fremont; Jeremy Witt, 51, Napa; Mark Sedgwick, 45, Santa Rosa 13:59
 75. Scott McEldowney, 42, Windsor 14:03
 76. Keith Cook, 51, Loomis 14:07
 77. Bruce Fritz, 48, Emeryville; Shawn Yackle, SF, Justin O'Hare, 30, San Francisco 14:10
 80. Harvey Wong, 36, Fremont; Rob Boyer, 51, Cupertino, Janet Martinez, 40, Pleasanton;

Hooshang Mehranpour, 48, Granite Bay . 14:11
 84. Thomas Ryan, 43, Berkeley 14:12
 85. Joe Zimmerman, 54, San Rafael; Bryce Simon, 52, Chico, Chris Stevens, 36, SF 14:13
 88. Robert Buntrock, 42, Discovery Bay; Wayne Dunlap, 45, Austin, TX 14:15
 90. John Axtel, 47, Minden, NV; Paul Stephens, 36, San Francisco 14:17
 92. Mark Abrahams, 51, Berkeley 14:19
 93. Ernesto Montenero, 41, Alameda 14:20
 94. Susan Lowry, 38, Sacramento 14:22
 95. Eric LaFranchi, 46, Calistoga; Jack Klebanoff, 56, Walnut Creek; Tertius Thakar, 45, San Francisco 14:23
 98. Robert & Brenda Fletcher, 46/46, Vacaville (T); Taylor Bertrand-Barrett, 20, Sonoma; Mike Gaylor, 59, Sebastopol; Timothy Houck, 57, Pleasanton; Brett Goett, 41, Scottsdale, AZ; Allan Reeves, 40, Mill Valley; Elizabeth Tenuto, 27, Orangevale 14:25
 105. Gary Gellin, 38, Menlo Park; Holly Harris, 44, MP; Chris Richards, 54, Boerne, TX 14:28
 108. Ric Schrank, 41, Virginia City, NV; Adamen Hannaford, 31, Fair Oaks; Ian Prowell, 30, San Diego; Preston Booker, 44, Santa Rosa 14:29
 112. Philippe Gluckman, 41, Sunnyvale .. 14:31
 113. Victor Cooper, 50, Torrance; Joe Gorin, 56, Santa Rosa 14:32
 115. Elad Benjamin, 32, Palo Alto; Mark Boles, 49, Roseville; Richard Moon, 49, Folsom 14:33
 118. Kley Cardona, 45, San Jose; Lorilei Tuttle, 50, St. Helena 14:37
 120. Doug Patterson, 46, Orange 14:38
 121. Carl Marshall, 34, Portland, OR; Luke Wallis, 53, San Jose; Stewart Thompson, 54, Burlingame; Brian Carroll, 48, Santa Rosa 14:40
 125. Eric Simonsen, 49, Morgan Hill 14:42
 126. David Neff, 58, Fair Oaks 14:43
 127. Leo Cook, 51, Santa Rosa; Mark Buettner, 37, Auburn; Ken Prager, 45, Granite Bay; Gregory Sherman, 41, Chula Vista; Jack Joseph, 51, Oakland; Garth Powell, 44, Santa Rosa 14:45
 133. Tom Amerine, 54, Lakewood 14:48
 134. Tom Solari, 52, Napa 14:51
 135. Robert Pacenta, 59, Albany; Howard Schnirman, 42, Santa Rosa 14:56
 137. Leland Gee, 52, Santa Rosa 14:57
 138. Paul Duren, 48, San Jose 14:58
 139. John Clare, 65, Long Beach; Sinclair Chaffee, 42, LaMesa 15:00
 141. Curt Simon & Rebecca McClellan 58/48, San Rafael (T); Chris Browder, 49, Sacto; Jeffrey Gould, 33, Woodside; Lee Millon, 47, Winters 15:04
 145. Charles Beck, 63, Occidental 15:06
 146. Amos Bish, 31, SR; Tory Ponsford, 35, San Anselmo; Thomas Sheppard, 50, Greenbrae; Nelson Frink, 51, Sutter; Spencer Frink, 54, Santa Clara; Scott Halstead, 43, San Francisco 15:10
 152. Eric Ostendorff, 46, Torrance; Kitty Goursolle, 52, San Ramon; George Cruz, 50, Napa ... 15:16
 155. Gordon Craig, 40, Palo Alto; Jonathan Walden, 42, Albany 15:21
 157. Albert Kong, 48, El Dorado Hills 15:22
 158. Tim Reese, 48, Sacramento 15:23

159. Anthony Martinez, 46, Cherry Valley; Alexander Guo, 40, Santa Rosa; Jonathan Berk, 45, Berkeley 15:25
 162. Chris Wilson, 20, Santa Rosa; Randy Becker, 33, SR; Rob Pitchford, 38, SR 15:27
 165. Larry Kluck, 58, Eureka 15:28
 166. Patty Struve, 51, Kings Beach; Lee Brinckerhoff, 28, Albuquerque, NM; Chuck Bramwell, 55, Irvine 15:29
 169. Paul Worhach, 42, Berkeley 15:33
 170. Roy Benton, 57, Angwin 15:34
 171. Martin Seaney, 55, Davis; John Holt, 48, Auburn 15:36
 173. Jeff Halperin, 54, El Cerrito 15:37
 174. Bob Hasenick, 52, Santa Rosa 15:38
 175. Steve Berry, 61, Brisbane 15:40
 176. Barbara Murphy, 43, Los Gatos 15:41
 177. Bruce Berg, 60, Berkeley 15:42
 178. Erik Burke, 38, San Francisco 15:43
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