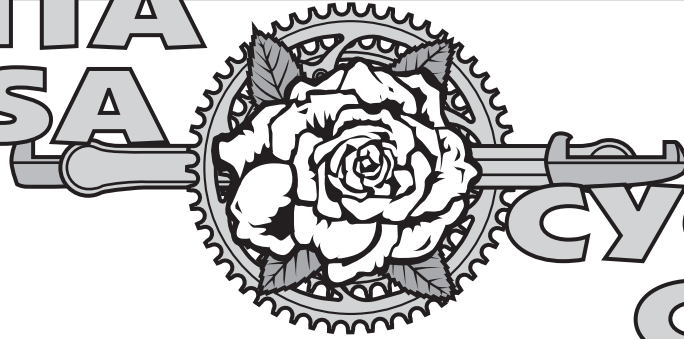


SANTA ROSA



CLUB PICNIC
Details on page 8

CYCLING CLUB

AUGUST 2007 NEWSLETTER

• TERRIBLE TWO LETTERS •

Can't say enough about the wonderfulness of the SRCC volunteers on the Terrible Two. You were the most helpful and accommodating group of people I have ever come across. Clearly, your day was long and demanding, but you managed it with great care, humor and enthusiasm.

— Brian Carroll, Santa Rosa

Well, it's now an even dozen consecutive TT completions for me and I have watched the event get better and better (and unfortunately have also watched my times get worse and worse as I age).

I have to say the support has gotten better and better, mostly because of the spirit of the volunteers. In the old days, they'd stand behind well prepared tables of food and watch the riders take care of themselves. Now they are in front of the tables, taking bikes, filling bottles for the riders, and generally making rest stops a very pleasant place to be, while giving riders needed encouragement.

As far as results, I've experienced the lackadaisical approach to getting results posted at other events. Not so at the TT. I also participate in well organized USCF events. Results are always posted soon after the event. The TT always has results available in the next few days. I've contacted other event organizers of other doubles about results two weeks after the event. The reply is invariably, "we were tired after the event and needed to take a break."

The event isn't complete until the results are in and I applaud your diligence in getting them done (even though I am not terribly proud of mine). I always look forward to Bill's write-up of the event. He always seems to capture the spirit of each event with great style.

On a side note, I got to ride with Brian Anderson from Calistoga to Geysers. I wasn't terribly strong on Trinity, and even so, Brian was behind me. He was in a big group that caught up to my small group just before Calistoga. When I left Calistoga, his group of five or so caught me and I rode with him to Geysers at a very easy pace (for him). I was surprised at his patience, just cruising along comfortably. I asked him if he felt the pressure of finishing first, and he said yes. I asked him how he felt and he said, "I'm tired." Then we got to Geysers and he floated away. Last I saw of him.

Thanks again to all for another great TT. This vet can honestly say it gets better and better. Cheers,

—Paul McKenzie, Berkeley

SRCC charitable grants input sought

The Santa Rosa Cycling Club earns money from subscriptions and from events, particularly from members' efforts putting on the Wine Country Century and Terrible Two. Traditionally, we have donated funds in excess of what we need to run the club to worthy organizations, both bicycle-related and generally community-oriented. Members' opinions and suggestions are sought regarding likely grant recipients.

If you know of an organization that would benefit from a donation, please call it to the attention of any member of the club's Board before the next Board meeting. Suggestions we receive, combined with the list we used last year, will be put on a ballot, and you can vote at the club picnic on September 15 or at the general meeting on September 12. Write-ins are possible, but tend to get fewer votes unless you get your friends really well organized. Based on the club's financial position, the Board will estimate an amount to distribute and prepare a list of proposed donations to be discussed at the October Board meeting. In accordance with our by-laws, the proposal will then be presented for approval by a vote of members at the general meeting on October 10.

Listed below are the organizations on the current ballot and the amounts of grants disbursed last year to those groups. Because the Sonoma County Bicycle Coalition receives its donation from the club through a Wine Country Century per-rider assessment, they are not included on this list.

Sonoma County Trails Council	\$1500
Big Brother/Big Sister of Sonoma County	\$1500
Community Bike Project	\$1500
LandPaths	\$1000
California Bicycle Coalition	\$1000
Free Wheels	\$1000
Ross Dillon Hope Fund	\$1000
Safe Kids Project	\$1000
Sonoma County Radio Amateurs	\$1000
Earl Baum Center of the Blind	\$1000
Team Swift (junior development race team)	\$1000
Lance Armstrong Foundation	\$500
Canine Companions for Independence	\$500
Diabetes Society (local chapter)	\$500

— Continued on page 7

MINUTE MIX

Highlights from the General Membership and Executive Board meetings for July

- 1. Call to Order:** President Craig Gaevert called the general meeting to order at the Round Table on Occidental Road on Wednesday, July 11. 57 members and guests were in attendance.
- 2. Treasurer's Report:** Treasurer Donna Emery announced that, as of June 30, the checking account balance was \$3,962.41, with \$76,764.18 in savings.
- 3. Locker:** Club materials boss Doug Simon is looking into new ways to store and deploy all of our club materiel...everything that lives in the storage lockers. As things stand now, we are too cramped and have to move things too many times during the course of an event. We may consider renting warehouse space if anything can be found at a realistic price. No decision yet. There may be a special meeting convened to look into long-term planning in this department, open to all interested members.
- 4. Brevets:** SRCC RUSA rep Donn King reported that there will be five SRCC members headed to France for Paris-Brest-Paris this month: Mike McGuire, John Russell, Tom Russell, Craig Robertson, and Donn King. Donn confirmed that the club will continue its brevet series in 2008, but he hopes with new folks involved in the management of the events.
- 5. Picnic #1:** Greg Durbin reported on the TT & Brevet workers' picnic, which has just been held on July 7. All went well. (*See write-up in Backroads & Breakaways.*)
- 6. Picnic #2:** SRCC member Richard Stone is chairing the annual club picnic on September 15. Richard will need a few volunteers to help with set-up and clean-up. (*See item on page 8.*)
- 7. Terrible Two:** There were no guest speakers this month. Instead, the members had a post-Terrible Two rehash, sharing experiences and observations from the big day, while a slide show of Bill Osburn's TT photos ran on the big screen. It was generally agreed that this TT was as close to perfect as one can be, whether one is looking at logistics or at the experience of the riders. Almost nothing went wrong and almost everything happened as it should happen. (*See letters from happy TT finishers elsewhere in this issue.*)
- 8. WCC:** Final figures are not in, but it looks as if it cost approximately \$10,000 more to put on the WCC in 2007 than in 2006. (Lots of little increases in costs, all across the board.) The club is now actively seeking a new WCC Chair for 2008. Could this be you? The event has grown so big that there is talk of Co-Chairs or some other way to parcel out the responsibilities.
- 9. Tours.** The Mid-State Tour's final budget appears to be slightly in the red, but it is hoped that the revenues from the Northern Oregon Tour will offset that small deficit, so that the two tours, taken together, will end up in the black.
- 10. Grizzly.** Kimberly Hoffman reminded the members about the SRCC Wendy Page Memorial Grizzly Century Weekend coming up on the first weekend in October. Many members camp together at Bass Lake on Friday and Saturday nights. Friday's camp fees are included in the century entry fee, and Saturday's fees are picked up by the SRCC. The club also pays for breakfast fixings on Sunday morning. This is one of the most beautiful and entertaining centuries in the state. Fee also includes breakfast before the ride on Saturday and dinner after the ride.

RIDES IN REVIEW

2007 Sequoia Century, June 3 (two reviews)

The route changes every year. I won't include every single road we did, as there were many, but will cover the main ones and the highlights. We started the day going up Page Mill to Skyline. This is a really nice climb. There is nothing too steep, so it's a good one to warm up on. From Skyline, we descended Alpine Road. This is an awesome ascent, and an equally challenging descent, especially on tandem! The pavement is fairly rough, but not too bad. I think the hardest part for the captain is keeping your eyes on the road and not the scenery.

Once at the bottom we worked our way to Hwy 1 on Pescadero Road, the Butano Cutoff, Cloverdale Road, and Gazos Creek Road. These roads in combination were a very spectacular way to get out to the coast. Along this section we noticed a higher than usual number of cyclists coming the other way with light touring bags. We thought it odd until we noticed one of them wearing a previous PBP jersey. We then realized that we were crossing paths with Day 2 of the Santa Cruz 600-kbrevet! From that point on we cheered for each randonneur we passed! They were nearing the end of this 600-km ride, and the cheering brought smiles to their weary faces!

Once on Hwy 1 we had a really nice cruise down the coast to Santa Cruz. We had a slightly crossing tailwind, so were able to make up a little time. Once on Hwy 1 we were also mixed in with cyclists from the first day of the AIDS ride. They had rest stops about every 3 miles, each one with a different theme. At one everyone was dressed in Wizard of Oz costumes!

Once we got to Santa Cruz, we started the serious climbing of the day. The real highlight was a road called Mountain Charlie Road. This is a very narrow mountain road that basically parallels Hwy 17. It has very steep though fortunately stepped pitches pretty much all the way up. The road is a jewel and a must-do for anyone who likes to climb. At the top we turned onto Summit Road and continued to climb as we worked our way to Skyline, where we continued to climb some more! We finally got some sweet descending and very tandem-friendly rollers to our turn onto Hwy 9. This descent is great on the tandem. So good, we over ran the turn off onto Pierce Road and had to backtrack a little. The final climbs included Mt Eden, which was a really nice climb, taking us to Stevens Canyon Road and eventually back to the start.

Overall, the "century" ended up being 112 miles and a little over 9000' in climbing. It took us all day but we felt pretty good at the end.

The support on this ride is good. The rest stops were well stocked though only one stop had sodas. The finish is stocked pretty much like the other rest stops, with the addition of ice cream. I think what would propel this event into a great one would be more sodas and a post-ride meal.

—Bill Ellis, Novato

What a great ride! This could be my favorite century! Six of us from my work bike club (the Lawrence Livermore Laboratory Cycletrons) met at the VA Med Center in Palo Alto for a 114 mile, 9000' ride through the Santa Cruz Mountains, down the coast highway to Santa Cruz, and return through the mountains again. There were some fantastic back roads (Page Mill, Alpine, and Mountain Charlie Road

— Continued on page 6

BACKROADS & BREAKAWAYS

B&B is a column for and about local club rides, news, gossip, anecdotes, odds and ends. If you have a story to share about a ride you led, your race results, a cycling vacation, whatever...call Bill Oetinger @ 823-9807 or send e-mail to the club's e-mail address: srcc@ap.net.

First off, let's catch up on those double century results from way back...the ones that weren't available last month. Looks like only three local boys went to the Central Coast Double this year (Mothers Day weekend), but they did a good job. Robert Choi finished first overall in a time of 11:58; Craig Robertson was 10th at 13:08; Bill Ellis was 14th at 13:27. Next—the following weekend—was Davis. They don't rank the finishers at Davis, so this list is simply in alpha order: Randy Becker, Ken Cabeen, Bill Carroll, Barley Forsman, Joe Gorin, Mark Gunther, Mike McGuire, Joe Morgan, Peter Potrebic, Denise Prue, Craig Robertson, Charlie Rowell, and Adrienne Ruggles. 13 finishers...not bad! Finally, Scott McEldowney appears to be the only clubster who did the Eastern Sierra this year. His time of 11:47 was good for a tie for 10th. (If four people tie for tenth, can they all say they made the top ten?)

As for the Terrible Two, I count nearly 40 finishers who are either SRCC members or local to Sonoma County. TT results were in last month's newsletter and now reside in all their fancy-pants splendor on our club website.

Our reporting period for club rides ended last month with the TT, so the first ride we have to report on this month was one that happened the day after the TT, on June 17. That was Janice Oakley's Way Out West, a BC ride which started at Piner High School and went as far afield as the unpaved Willow Creek, near the mouth of the Russian River. Janice reports: "We started out with 19 riders, including Joyce, who came down from Healdsburg while her family was out of town. It had been some time since I led a ride. When I got pushed out front, I stayed there for a while and we lost a couple of riders. Other than that, the group stayed together through the meandering route toward the coast. On Willow Creek, the group split up and was further separated when Robert Hall got a blow out. Those of us in the back group enjoyed the beauty of the landscape and the adventure of the unpaved road."

On the same day, Ken Russeff listed a ride that wandered around the Windsor plain. Ken checks in with this report: "The ride on Father's Day was kept brief for those who intended to spend the afternoon with their dads and/or family members. What was submitted as an A ride turned into an AB ride which had superb results. We had about 10 A riders and 12 B riders, which included a mix of seven visiting riders who are not club members; even a rider from Oregon visiting his brother here. Good weather, no incidents, and good coffee at Café Noto in Windsor. Greg Conklin even dusted off the cobwebs from his homebuilt recumbent for the ride."

There was another Windsor area wander on the following Saturday, this one led out by Jim Draeger. Jim's comments: "Despite a forecast that called for cloudy, cool and windy conditions, we had 30 riders show up at Piner High School on a beautiful sunny morning with a light breeze. Of the 30 riders, nine of them were non-club members. The course followed the WCC 35-mile route for the most part, with some extra miles at the front and back because we started at Piner, not the Wells Fargo Center. We were not alone out there. We were sharing the road with other cycling groups, one being the Diabetes Ride. They had a rest stop in Graton.

"Unfortunately, I must report some bad behavior on the part of some riders. When we were on Sanford Road, we had cars both up and back. Many of the riders were not moving over to the right in a reasonable and timely fashion, causing auto traffic to come to a halt to accommodate some self-important cyclists. It looked to me as if some of the drivers were unhappy with us, and in my opinion, rightfully so. Also, when we were on Hembree Lane, I saw large groups of riders blowing through the stop signs when there were cars in the intersections. Some had club jerseys on. How's that for spreading good will for the club? Other than that, it was a great ride on a picture perfect day. I would also like to give special thanks to Jose Mundo and Steve Drucker, for organizing a re-group at Mill Station Road."

On the same day, Charles Beck listed a ride out in the west county hills...a very hilly CD ride of 67 miles. "This was one perfect bike riding day. The weather fabulous, car traffic minimal, a great group out the gate and no flats. I left my place on Joy Road about 8:50 and took Bittner to Occidental, arriving at 9:00. Perhaps a dozen riders were in front of the Union getting ready and a few more showed before takeoff at 9:10. Rolling down Boho, then Moscow was smooth—quick without hammering—and pleasant. A left on Austin Creek then another left into the narrow lane that parallels Austin Creek and empties out at the store. Three more riders show there, and then the long but shaded climb up Fort Ross. Regroup at the top. The whole group is still together and off to a fine, quite speedy descent on Timber Cove Road to be met with a blue, blue ocean with 15 to 20-mph of tailwind behind it. In no time we are at the base of Fort Ross Road again and begin to climb. What a difference for me from last Saturday's ascent (the TT). Another regroup at the top and off to Meyers and Russian Gulch for the longest descent of the day...wind whipping through wheels and the curves begging to be sped through.

"We sit for a few at Jenner and take a vote, so instead of Coleman, Willow Creek is chosen. It is around 1:30 and traffic from Goat Rock to Bodega Bay is bad this time of day. Willow Creek, mostly shaded with great stumps here and there left from when the virgin timber was cut, is downright pleasant, and we meander upward to the last gate then the stop at the top of Coleman Valley. Despite my offer of ice cold beer, three peeled off down Coleman, needing to get home. The rest of us pedaled half a mile and rolled down the driveway to the ice chest at my house. Fat Tire and Widmer and Cokes. What's better than sitting on the drive in the sun, sipping brews and BS-ing with friends after a cruise like today? Oh, we looked at art in the studio but I couldn't get them drunk enough to buy anything."

The next day Greg and Jan Conklin had a ride out of Finely Park that rolled up along the river...30 AB miles with a lunch at Stony Point Grill afterward. Sorry, no report on how it went.

The next weekend offered something a bit different. Tom Helm had a paceline clinic on the list. Tom is a long-time club member with a vast store of bike skills and lore to share. He's a good teacher too. He sent in this note about the first clinic: "I think it should be made clear that these classes are for inexperienced paceline riders. I had a good time. The objective was to get people more comfortable in pacelines. It worked well because everyone quickly felt comfortable with each other. There weren't any hot shot, experienced liners. I found that introducing more advanced techniques early helped show the important parts of the basics: that riding a revolving paceline pointed out how important staying close, being steady, and communicating is in even the single-line riding. And the double paceline got people relaxed by chatting with a partner instead of being obsessed and tense

— Continued on page 6

The following system is used in our ride schedule so that riders can estimate the relative difficulty of each ride.

TERRAIN

- 1: Mostly flat (River Road, Dry Creek)
- 2: Rolling, easy grades (Westside Road)
- 3: Moderate grades (Graton Road)
- 4: Hilly; a few steep climbs (Coleman Valley Road, Franz Valley Road)
- 5: Very hilly; lots of long climbs (Trinity Grade, The Geysers, Skaggs Springs Road)
(If available, elevation gain may be listed.)

TEMPO

Actual ride speed may vary, depending on terrain, distance, weather, and group dynamics. Tempo listing is only a ballpark estimate.

A: relaxed pace; frequent regroupings; waits for all riders. Over 26 minutes*

B: touring pace; regroupings every 30-45 minutes; waits for all riders. 23-26 minutes*

C: brisk pace; pacelines likely; regroupings every 30-60 minutes. 19-22 minutes*

D: aggressive pace; pacelines; slower riders may miss regroupings. Under 19 minutes*

*Times are for official SRCC speed trap: 4.4 mostly uphill miles on Graton Road from Ross Road in Graton to summit at Tanuda/Facendini junction. If you want to know where you fit in on club rides, time yourself on this section (at your normal riding tempo) and compare your time to the list above.

DISTANCE

The last figure in the formula, stated in approximate miles. (If in doubt, leader should overestimate mileage slightly.)

• RSVP WITH RIDE LEADER •

Ride leaders should provide maps and/or route instructions. Riders should carry I.D., cash, tube(s), flat repair kit, water bottle(s), and have their own map in case they get lost.

HELMETS ARE MANDATORY ON ALL CLUB RIDES!

Non-members are welcome on club rides! (Non-members must sign a liability waiver provided by the ride leader.) If the course seems too long or difficult, the ride leader can generally suggest an alternate starting place or bail-out route.

RAIN CANCELS ALL RIDES, UNLESS OTHERWISE NOTED.

RIDES LEAVE PROMPTLY AT TEN MINUTES AFTER THE LISTED TIME.

RIDE SCHEDULE

PDF route slips available at www.srcc.com...go to Current Ride List

THURSDAYS, AUGUST 2, 16, 23

Yoga-Ride-Swim

7:30AM • River Road Park-&-Ride
(next to Hwy 101)

We will ride to Hot Yoga in Sebastopol which starts at 8:30AM and lasts until 10AM. Then we will ride back to Santa Rosa and swim at Ridgeway Pool. Then we ride back to the cars.

Jose Mundo—528-0829

SATURDAY • AUGUST 4

A Hill and a Bump

4/BC/55

9:00 AM • Healdsburg City Hall

L on Grove > L on H'burg Ave > R on Alexander Valley > L on Pine Flat to top > Retrace to rest stop at Jimtown > East on Hwy 128 > L on Pine Flat > R on Red Winery > L on Geysers > R on 128 > R on Geyserville > L on Canyon > R on Dry Creek > L on Yoakim Bridge > L on West Dry Creek > L on Westside > Mill > L on Vine.

Randall Ray—433-2555

SUNDAY • AUGUST 5

Down Tomales Way

2-3/AB/30

9:00 AM • Cotati Dog Park

R on Myrtle > L on Old Red > R on Railroad > L on Stony point > R on Jewett > R on Pepper > R on Pet-Valley Ford > L on Fallon-Two Rock > L on Twin Bridge > R on Tomales - Petaluma > R on Hwy 1 to Bakery > R on Hwy 1 > R on Fallon-Two Rock > L on Carmody > L on Pet - Valley Ford > R on Roblar > L on Stony Point > R on W. Sierra > R on Valparaiso > Myrtle.

Rose—543-5889

SATURDAY • AUGUST 11

SECOND SATURDAY

Grapes, Gears, & Grounds

3/A/41 • 3/B/49 • 5/C/70

9:00 AM • Healdsburg City Hall

A route: R on Grove > R on Mill > Westside > R on W. Dry Creek > R on Yoakim Bridge > L on Dry Creek > R on Dutcher Creek > Cloverdale Blvd (*rest stop at Grapes and Grounds*) > L on Cloverdale Blvd > L on First > Crocker > R on Asti > Geyserville > R on Soverain > L on Fredson > R on Lytton Springs > L on Dry Creek > R on Kinley > L on Mill > L on Grove to City Hall. *AB route:* Same as A route to Geyserville, then: L on Hwy 128 > L on Geysers > R on Red Winery > R on Alexander Valley >

R on Lytton Station > Rejoin A ride. *C route:* Same as AB route, but add out-&-back on Mill Creek (off Westside).

A: Ken Russeff—953-1804

B: Jim Draeger—576-1058

C: Bob Redmond—769-9678

SATURDAY • AUGUST 12

Valley of the Moon Ramble

3/B/30 • 4/B/40

9:00 AM • Channel Dr lot

3/B/30 (Jan & Greg): Channel Dr > Thru Oakmont > Pythian > R on Hwy 12 > R on Lawndale > R on Schultz > Lawndale > R on Warm Springs > L on Henno > Ron Dunbar > R on Arnold (*rest stop at Garden Court Cafe*) > Retrun via Warm Spring to Kendwood > L on Hwy 12 > L on Pythian > R on Oakmont > L on Cliffwood (just past Quail Inn & Golf Course) uphill and around small island > L on Singing Woods > First driveway on left to Conklin home (409) for BBQ. Return thru Oakmont to Channel Dr. *4/B/40 (no leader):* after rest stop, Warm Springs > L on Sonoma Mtn > R on Enterprise > R on Bennett Valley > L on Warm Springs > Rejoin basic route. *RSVP!*

Greg & Jan Conklin—539-4099

SATURDAY • AUGUST 18

Country Schoolhouse Century

3/BC/102 (or less)

8:30 AM • Freestone

South on Bohemian Hwy (*past schoolhouse #1*) > R on Bodega Hwy (*#2*) > L on Bodega Ln (*in Bodega...#3*) > L on Bod Hwy > L on Hwy 1 (*#4 in Valley Ford*) > R on Middle > R on Marsh > L on Franklin School (*#5*) > L on Whitacker Bluff > R on Middle > L on Dillon Beach (*rest stop at Tomales Bakery*) > So. on Hwy 1 (*#6*) > L on Pet-Marshall (*#7*) > R on Hicks Valley (*#8*) > L on Pet-Pt Reyes (Red Hill) (*#9*) > L on Windsor > L on Western (*#10*) > L on Chileno Valley (*regroup at HP Park*) (*#11*) > R on Tom-Pet (*#12*) > L on Pet-VF > L on Fallon-Two Rock > L on Alexander > R on Tom-Pet (*#13*) > R on Twin Bridge > L on Fallon-Two Rock > R on Ghericke > R on Pet-VF > L on Bloomfield > R on Broderick > R on Moro (*#14*) > R on Pet-VF > L on Roblar (*#15*) > L on Peterson > L on Blank > R on Henning > L on Hessel (*#16*) > L on Turner > R on Blank > R on Canfield > R on Bloomfield > L on Pleasant Hill (*#17*) > L on Watertrough (*#18*) > L on Burnside > R on Sexton > L on Bodega > R on Furlong > L on Occidental > L on Jonive

(#19) > R on Bodega > R on Boho. *Time to go back to school...back in time too, past 19 country schoolhouses. Can you find them all? (They'll be on the map.) Lots of shortcuts.*

Bill Oetinger—823-9807

SUNDAY • AUGUST 19

Asti Loop

3/BC/40

9:00 AM • Healdsburg City Hall

Grove > L on H'burg Ave > R on Lytton Station > L on Alexander Valley > Hwy 128 > L on Pine Flat > L on Red Winery > L on Geysers > R on Hwy 128 > Geyserville Ave > Asti > L on Theresa > L on Dutcher Creek > L on Dry Creek > R on Yoakim Bridge > L on W Dry Creek > L on Lambert Bridge > R on Dry Creek (*rest stop at Dry Creek Store*) > L on Lytton Springs > R on Chiquita > R on Grove.

Richard Stone—292-3006

SATURDAY • AUGUST 25

Carole's Birthday Ride

3/AB/60

8:30 AM • Shiloh Park

L on Faught > R on Airport > L on Old Red > R on Mark West Springs > River > R on Laughlin > L on W. Laughlin > R on Slusser > L on Mark West Station > R on Trenton-H'burg > L on Eastside > R on Wohler > R on Westside > L on W. Dry Creek > R on Yoakim Bridge > R on Dry Creek > L on Canyon > R on Geyserville > L on Hwy 128 > L on Geysers > R on Red Winery > R on Pine Flat > L on Hwy 128 > R on Chalk Hill > L on Faught to park.

Carole Kolnes—838-3988

SUNDAY • AUGUST 26

Wine Country Revisited

4/BC/56

9:00 AM • San Miguel School

R on Faught > Pleasant > R on Chalk Hill > L on Hwy 128 > R on Pine Flat to guardrail > Retrace to rest stop at Jimtown Store > Alexander Valley > R on Lytton Station > R on Lytton Springs > R on Dry Creek > L on Lambert Bridge > L on West Dry Creek > R on Westside > L on Wohler > L on Eastside > R on Trenton-H'burg > L on Mark West Station > R on Slusser > L on Laughlin > R on Airport.

Janice Oakley—568-7062

SATURDAY • SEPTEMBER 15

ANNUAL CLUB PICNIC RIDES

4/C/50 • 3/B/40 • 2/A/32

Ragle Park Sebastopol

C route (8:30 AM): L on Ragle > L on Mill Station > L on Sullivan > L on Green Valley >

L on Harrison Grade > R on Graton > L on Boho > R on Bodega > L on Valley Ford-Freestone > L on Hwy 1 > R on Middle > R on Marsh > L on Franklin School > L on Whitacker Bluff > R on Middle > L on Dillon Beach (Rest stop in Tomales) > South on Hwy 1 > L on Tomales-Petaluma > L on Twin Bridge > R on Fallon-Two Rock > L on Carmody > L on Petaluma-VF > R on Bloomfield > L on Blucher Valley > L on Kennedy > R on Sanders > L on Watertrough > R on Bodega > L on Ragle

Bill Oetinger — 823-9807

B route (9:00 AM): Same as C route to Valley Ford, then > R on Estero > Franklin School > L on Marsh > L on Middle > R on Hwy 1 > Petaluma-VF > rejoin C route at L on Bloomfield
Looking for a leader

A route (9:30 AM): L on Ragle > L on Mill Station > R on Barlow > L on Occidental > R on W. County Reg. Trail to Forestville > L on Hwy 116 > R on Martinelli > R on River > R on Laguna > L on Guerneville > R on Willowside > R on Hall > L on Sanford > R on Occidental > L on High School > R on E. Hurlbut > R on Bike path to Mill Station > R on Ragle to park.

Looking for a leader

OCTOBER 6-7

Wendy Page Memorial Grizzly Century Weekend

North Fork • Bass Lake
Contact Kimberly for more information.

Kimberly Hoffman—579-3754,
kdhoffman10@yahoo.com

REGULAR RIDES

Tuesday Night Rides

Moderate pace (B) • 5:30 PM

First Wednesday: Cotati Dog Park

Second Wednesday: San Miguel School

Third Wednesday: Willowside School, SR

Fourth Wednesday: River Road Park & Ride

Wayne Kelleem—523-1878

Wednesday Wanna-B's

B or C tempo • 30-50 miles
9:00 AM

First Wednesday: Howarth Park, Santa Rosa

B: Beth Anderson—584-3685

C: Greg Stone—527-6116

Second Wednesday: Healdsburg City Hall

B: Terri Peterson—433-7737

C: Looking for a leader

Third Wednesday: Ragle Park, Sebastopol

B: Looking for a leader

C: Looking for a leader

Fourth Wednesday: Ragle Park, Sebastopol

B: Alfred Mascy—546-0898

Joe Conway—875-9056

Ed Steiger—538-7395

C: Johann Heinzl—539-7991

Fifth Wednesday: Howarth Park, SR

B: Bob Briner—799-7146

C: Looking for a leader

Friendly Fridays

2-3/B/25-40 • 9:00 AM
at the following starting points:

First Friday: Cotati Dog Park

Greg Stone—527-6116

Second Friday: Howarth Park, Santa Rosa

Martin Clinton—569-0126

Third Friday: Ragle Park, Sebastopol

Doug Newberg—579-0925

Fourth Friday: City Hall lot, H'burg

Warren Watkins—433-4403

Fifth Friday (B group only): Esposti Park

Buck Hall—537-1946

2-4/C/35-50 • 9:00 AM

Same schedule as other Friday rides.

Martha Barton—538-9315

Dave Andersen—537-7745

Todd Sloan—571-1804

2-3/A/25-30 • 9:00 AM

Janice Eunice—575-9439

Tuesday Twilight Crits

April 17 to August 28

Corporate Center

Races for Cats 4-5, 3-4, 1-2-3-Pro.

Lars Norlund—527-8646

• FOR SALE •

DT Swiss Rims, new & used

1450's (1450 grams a set) • 28 spokes, bladed, front & rear • Radial front, 2x rear
Used • Retail: \$750 a set; asking \$275
340's (1685 grams a set) • 28 spokes front, 32 rear

New • Retail: \$600; asking \$400

Wes—545-3240

Diadora Ergo Mtn Bike Shoes

Size 44 (10) • Worn twice • \$75 •

Shimano SPD 520 pedals • \$50

Todd Sloan—571-1804

Trek 520 Touring Bike

Double-buttressed chrome moly frame

Size: 21" • Chainrings: 50-44-28

Cogs: 14-32 • Shimano Deore DX

\$150

Gary—538-9262

'95 Cadex 2 (Giant) Road Bike

56 cm • Excellent condition • Many upgrades • \$300

Bernie—766-7056

More BACKROADS & BREAKAWAYS

by yourself in a line of others. I will do more as long as people keep coming. There were 12 of us the first time, and six the second time.”

That finished off the month of June. First up on July 1 was a BC ride led by Richard Stone, heading from Analy HS out to Occidental and Tomales. Once again, I never got a report on how this ride played out. (If you want us to report on your ride, you have to report on it to us first so we can pass the info along.)

Next up were the rides associated with the SCBC Bicycle Santa Rosa festivities at Julliard Park on the Fourth of July. There was the City Council Ride, led by Martin Clinton, which gathers together as many local politicians as we can lure onto bikes and takes them on a ride around Santa Rosa, with the goal of demonstrating that bikes can be a viable and enjoyable form of urban transport. Then Rose Mello led a two-wheeled quest in search of as many Snoopy statues as could be found around town. Finally I led a longer ride out into the countryside, featuring climbs on Adobe Canyon, Orchard, and Sonoma Mountain, plus the downhill transit of Sonoma Valley Regional Park on a pleasant new bike trail. There were many, many cyclists milling about at the start, and it wasn't easy to figure out who was going on which ride, but eventually we got ourselves sorted out. After the ride, most of the participants hung around the park to check out the music and games and food and bike-related activities at the festival. I think this may have been the hottest day of the year so far, at least when we've been out riding. It was in the high 90's on the long climbs on Sonoma Mountain, so cool drinks and ice cream at the festival were much in demand after the ride. Hats off to SCBC and all the SRCC/SCBC members who worked hard to make the day a success.

The next ride up was a package of rides. It was the month's Second Saturday format, only it was on the first Saturday. This was the day of the workers appreciation picnic for all those who has done a tour of duty on either the Terrible Two or the club's brevet series this spring. As is our custom, the picnic was preceded by rides at A, B, and C tempo. The picnic was in Spring Lake Park and the rides started and ended next door in Howarth Park, where the parking lot was choked with riders in the morning. There might have been as many as 100 on hand for one of the three rides. (Not all of those folks ended up at the picnic, but others who had not been able to make the rides did show up for the food, so in the end, there were probably close to 100 at the Oak Knolls Group Site as well.) Kimberly took the lead with the A train; Jim Draeger was in charge of the Killer B's, and I attempted to herd the C group along. We began with such nice roads as Enterprise and the bottom half of Sonoma Mtn, then the big climb on Cavedale, the big descent on Trinity, and lots of nice Valley of the Moon back roads to finish it off... Warm Springs, Lawndale, and a first look at the newly paved East Pythian, heading up to the new trailhead into Hood Mtn State Park. We all managed to find our way back to the picnic in time to plow a big furrow through a marvelous buffet laid on by caterer Matt Parks (the food coordinator on our club tours). There was even a raffle of some swell bike swag while we were eating and yakking. Thanks to Greg Durbin and his crew of Terrible Two riders and randonneurs for turning things around and supporting the workers who had supported them.

One week later and Mark Sedgwick and Brian Carroll put together a C ride of 65 miles out through the steeply folded ridgelines of western Sonoma County and northwestern Marin County. I never got an exact head count, but there were at least 30 riders there. The listed

pace of C might be a bit inadequate to describe the actual ride—what's new?—as there were folks riding at anything from B+ to D+. No surprise then that the group ended up strung out over several miles of country lanes. But we had very leisurely regroupings in Occidental and Tomales, so the whole affair felt more like a social promenade than a hammer fest. There were just brief bursts of hammering now and then to keep folks awake and entertained. Up the club time trap on Graton, then up Bittner and downwwwn Joy; up the big wall on Franklin School, past the stone city down in the canyon, all wreathed in tendrils of fog. Up and over the ridges on Hwy 1 and Ghericke, north of Tomales, and finally up and over the top of English Hill on Burnside and then down the rabbit hole on Barnett Valley...a typical west county hills ride: never a flat road and never a dull moment.

The same day, Ken Russeff had an A ride up around the Windsor plain. “The road to Café Noto from Piner Youth Park: 18 riders at the peak with two visiting members and about five B riders...at least they left the rest of us in the dust. Looking at the fog in the west brought two points to ponder: #1. Was it going to be cold for our ride? (not!) and, #2. As we were expecting to see balloons, was the Windsor Balloon event going to be cancelled? Well, the fog lifted quickly; however, apparently the balloon take off never materialized. Final analysis, our ride was superb! It's rewarding when an A route attracts B riders. Their presence is appreciated and hopefully, their pace is an inspiration to the A riders.”

Rose Mello had the last ride of this period on July 15...a classic Russian River Valley loop from Esposti Park up the west side of the river to a rest stop at the Oakville Grocery on the plaza in Healdsburg, then the return trip down the east side of the valley. Rose reports 27 riders on hand for this one, including four newbies. The only blemish on a beautiful day was a mechanical for Al Bloom that cut his ride short. Otherwise a good time was had by all.

RIDES IN REVIEW — *Continued from page 2*

to name a few). These were narrow back roads, sometimes steep and windy, with with twisty descents and almost no traffic. The coast was fogged in, but with a tailwind, we cranked the 24-mile leg of Hwy 1 down to Santa Cruz in a little over an hour. My only complaint is that it would have been even nicer if the coast weren't fogged in. Other than that, the temperature was about perfect for riding. We rode through dense redwood forests, over roads with less dense tree cover and open vistas, wide open roads like Cloverdale Road, and down fast descents like Hwy. 9. The food was pretty good (but not excellent) and the rest stops were well spaced about 20 miles apart. The Western Wheelers put on this ride and they vary it so the same route is not done every year; and they do an excellent job of it. There are shorter options like a metric century too. The excellent mountain roads, Hwy 1 with a wide shoulder, and mild temperature conditions, put most of the other centuries I've ridden around the Bay Area to shame. I will probably do this ride again next year.

—Mike DeMicco, *Antioch*

• MORE TT LETTERS •

I'd like to take a moment to thank all the members of the SRCC and volunteers that made this year's TT the great ride that it is. Aside from providing one of the most scenic and challenging courses around, those that give their time and energy to the event are what make it the ride that it is. Every person that I met at the rest stops and at the end of the ride was more than helpful. I had people fill my water bottles, provide encouragement when I needed it most, and just generally treat me very well. This year was my second attempt, and without all the help I don't know that I would have finished. You really do all you can to help us succeed. The sag support was second to none with plenty of helpers along Skaggs Spring Road. The food at the end of the ride was great, even for those finishing late in the evening. You are all very organized, and it shows. Thanks for everything.

—Milt Rayford

Let me add to the chorus of Terrible Two riders to pass along a huge "Thank you" to Craig, Bill, Doug and each and every single volunteer who contributed to the event.

Since this was my first time riding the TT, I can now fully appreciate why people hold the course in such high regard and more importantly, rave about the volunteer staff. None of the five other doubles that I have attended come close to having the total package that we have with the TT.

At every rest stop were smiling faces with encouraging words and even cheering, ready to help and serve. At first it was a bit embarrassing, but I got over it and with your help, I can honestly say that, other than the temporary suffering on the Skaggs, Rancheria and Fort Ross climbs, I had so much fun on the ride! It was clearly the most memorable cycling event I have completed and all of you made it possible. YOU FOLKS ARE AWESOME!!!

While not every rider would say they had fun at the TT, they will say, to a person, that the ride and support are unparalleled on the doubles circuit. The organization and logistics alone are amazing. SAG vehicles were everywhere, and fortunately, I didn't need them.

Thanks again everyone!

—Greg Durbin, Santa Rosa

You guys are simply amazing. I was totally 100% blown away by everything about the Terrible Two. I've never seen such great Rest Stops, with Fresh Fruits, Awesome Cookies, and a full pharmacy of powders, drugs, and performance enhancements. So many SAG cars and motorcycles, I couldn't believe!! Ice everywhere!! Everywhere. Ice makes a HUGE difference when it's hot. HUGE!! Sodas. Cokes. There's nothing better than a Coke at mile 180. It was just phenomenal ... the whole deal. I've noticed a huge improvement everytime I ride the TT ... from '98 to '00 to '03 to '07 ... just huge improvements, and I tip my hat to your entire club.

—Chuck Bramwell, California Triple Crown Coordinator

Thank you for another great year, the course was again amazing and the volunteers were incredible. I couldn't have done as well as I did without them. Thanks again and see you guys soon hopefully.

—Brenda Phelps, SR

Congrats for another great TT.

It was my third. And again I finished past sunset. I believe there is a problem with your aid stations that creates my tardiness. THE AID &

SUPPORT PEOPLE ARE TOO NICE AND TOO SUPPORTIVE. It is too difficult to leave the comfort of your gracious and kind rest stops you have created over the past years. Two solutions: 1. Hire my former DI (Drill Instructor) and his buds from Camp Pendleton to hustle slackers like me out of the aid stations, and 2. place tip jars on the tables to further insult and motivate me back onto the bike. (However, your crew deserves the tips).

Seriously, as a former race director of an endurance run, I believe you have the best supported event of all centuries and double centuries. Many of us return, not only for the competitive spirit and beautiful course, but for great support and courteous care you maintain consistently each year.

I'll be back next year in better shape and with money for the tip jars.

—Bill Beadle, Weimar, CA

Now that the riders have thanked the volunteers, let us thank the many fine businesses and agencies that help us put on both the Terrible Two and the Wine Country Century. Without their help, the events would not be the same.



ANALY HIGH SCHOOL



SANTA ROSA CYCLING CLUB

**PO Box 6008
Santa Rosa, CA 95406**

President: Craig Gaevart 545-4133
Vice-President: Greg Durbin 528-4450
Secretary: Donn King 823-5461
Treasurer: Donna Emery 546-6359

Officers at Large

Robin Abramson 569-0620
Charlie Rowell 432-4538
John Miklaucic 545-3470
Gordon Stewart 823-0941
Martin Clinton 569-0126

Bill Oetinger (newsletter editor, ride director)823-9807
Bill Osburn (webmaster)477-6974

Looking for a new meeting program coordinator

Sharron Bates (club apparel sales) 526-3512
Craig Gaevart (membership registration)545-4133
cgarch@sonic.net

SRCC website: <http://www.srcc.com>

E-mail: srcc@ap.net (Bill Oetinger, e-mail wrangler)

Membership applications available at website.



The Santa Rosa Cycling Club is a social/recreational organization comprised of cycling enthusiasts with a wide range of abilities and interests. Our purpose is to promote the safe and efficient use of bicycles through club rides and events, and by maintaining an active presence in the local community. We encourage a large and vital membership and try to provide rides for all abilities. We publish a membership roster and a monthly newsletter and ride calendar. We hold a general membership meeting and an Executive Board meeting once each month.

GENERAL MEMBERSHIP MEETINGS

Wednesday, August 8 • 6:30 PM
Round Table Pizza
(Occidental Road, west of Stony Point)
Terrible Two review and slide show

Wednesday, September 12

EXECUTIVE BOARD MEETINGS

(Open to all interested members)

Thursday, August 2 • 6:00 PM

TLCD Architecture • 111 Santa Rosa Ave. (SW corner at 1st St)
Door open between 5:45 and 6:00pm • After that, call 478-9387

Thursday, September 6

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Member:

LAB • CBC • CABO • REBAC • SCTC • IMBA • SCBC

Annual End-of-Summer Club Picnic

Saturday, September 15 • 12:00 to 4:00

Ragle Ranch Park, Sebastopol

Time again for our annual end-of-summer club picnic.

Same place as in recent years. Same format as always: rides of varying lengths and speeds leaving Ragle Park in the morning, all designed to return their riders to the park around noon, ready to tackle the picnic buffet. (See the ride list for more info about the rides.)

The club provides the main fixings for the feast: barbecue goodies, Mom's pies, and chilled drinks of all sorts. The balance of the buffet consists of potluck contributions from our many member chefs. (Coordinate your potluck item with Richard.)

This is one of the few club functions that is members only, although non-member spouses and partners are welcome.

Note the big print at the bottom: RSVP. Is anyone not clear on what this means? Last year, many people showed up who had not bothered with the simple courtesy of making a reservation. This throws off our food buying estimates...in particular the pie order! Very bad! Do the right thing and *reserver, s'il vous plait*.

RSVP to Richard Stone:

292-3006; stonebiker@comcast.net

Picnic support crew needed