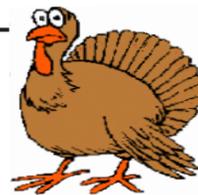
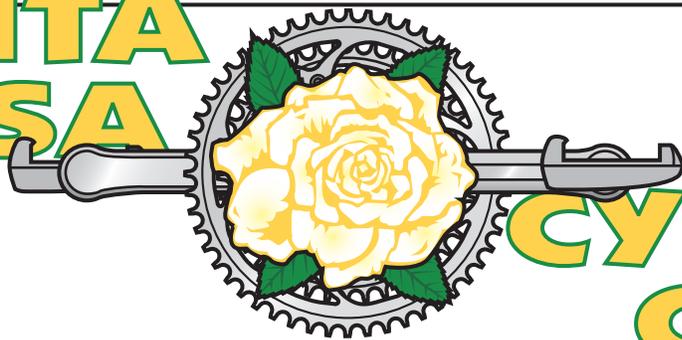


SANTA ROSA



CYCLING CLUB

NOVEMBER 2008 NEWSLETTER

Holiday Dinner Party

It's time again to be thinking about our annual Holiday Dinner Party, this year scheduled for Saturday, December 13. Time to root around in the back of your closet to see if you have anything to wear besides bike clothes... something in fact a little bit dressy. For this is the one night all year when the Santa Rosa Cycling Club members get together—without a bike in sight—to act like normal people, or as close to that as we can get.

Look elsewhere in this issue for your reservation form. If you really want to be there, fill it out and send it in immediately. Seating is limited and reservations are taken in order of receipt. A \$20 deposit is required to hold your place, but that will be returned to you when you check in at the dinner. Only no-shows forfeit their deposits.

For the most part, this Holiday Dinner follows the format of other Holiday Dinners in recent years: it will be held at the Druids Hall in Santa Rosa, and the club will pick up the tab for the entire evening, except for the following items: while the dinner itself is catered, the appetizer and dessert courses originate in the kitchens of our many members...pot luck, in other words. Also, there will be NO bar of any sort this year. The club will provide some non-alcoholic drinks on ice, but if you want your favorite tippie, beer or wine, you must bring it with you. The good news is that there is no corkage fee, so bring that special vintage and share it with your table mates.

As always, the entertainment during and after dinner will be provided by the presentation of our annual awards. (See article on awards elsewhere.) We look forward to sharing this fun-filled, food-filled, friend-filled evening with you.



• Annual Awards •

Note the article next door about the Holiday Dinner. A key component of that evening is the presentation of our annual, end-of-year awards. You know how it works: we distribute awards to various club members for deeds done over the course of the past year. Usually these are for great deeds, but occasionally they're for goofs and gaffes and other cycling pratfalls.

Typically, the club's Board makes a sincere, good-faith effort to come up with worthy winners for the assorted awards. But with over 650 members in the club now, it's simply impossible for that small handful of officers to know who is doing what out there on all the different club rides. This is where you, the members, come in. You need to be our eyes and ears on the road. If you see someone who appears worthy of one of these awards, please bring it to our attention.

Just a quick call or e-mail to any officer will focus the laser-like attention of the Board on the person in question, strongly tipping the odds in their favor. Help us out here, will ya?

To refresh your memory, here is a list of the more-or-less traditional awards we present each year (most of which have both male and female recipients, and some will have multiple winners as well): Rookie of the Year (best new riders); Most Improved (one step up from Rookie); King and Queen of the Hill (best climbers); Comeback Kid (recovering from accidents or medical challenges); Most Inspirational (any definition that fits); Volunteer of the Year; Leader of the Pack (contributions to cycling advocacy and politics); Lewis & Clark Award (for significant self-contained touring accomplishments); Ride Leader of the Year (most rides lead); Good Shepherd (most supportive ride leader); Golden Shoe (most supportive spouse); Rider of the Year (biggest dawgs on club rides); Gearhead Award (most impressive, epic cycling accomplishment of the year). Think about each of these categories while out on rides this month. Think back over the year and see if any one of your friends fills the bill for any of these awards. Then pass that thought along to someone on the Board. They'll do the rest.

MINUTE MIX

Highlights from the General Membership and Executive Board meetings for October

1. Call to Order: President Craig Gaevert called the general meeting to order at the Round Table on Occidental Road on Wednesday, October 8. 35 members and guests were in attendance.

2. Treasurer's Report: Donna Emery announced that, as of September 30, the assorted bank balances were as follows: PayPal: \$80,038.87; money market: \$108.28; checking: \$9,146.61.

3. Membership: Gordon Stewart reported 416 individual and 231 family memberships. Inquiry from students in Analy HS bike club about joining as a group. Board agreed that any AHS bike club member could join free through June. When the question was raised asking what if other high schools form bike clubs and want a similar deal, the reply was, "That's a problem we'd love to have!"

4. Donations: Greg Durbin is preparing a list of potential recipients of club grants to be submitted to the membership for a vote at the November meeting. (See item on page 7.) We hope to set up a page at the club website with descriptions of the various organizations under consideration for grants. Check the site.

5. Tours: Greg Durbin noted that both 2008 club tours will have budgets finishing in the black, although he is still tidying up loose ends concerning expenses. Bill Oetinger reported that almost all camps have been reserved for the Blue Wallowa Tour in northeastern Oregon, July 18-26, 2009. All maps, routes, and elevation profiles have been prepared. Joe Morgon discussed a second, shorter tour to be staged out of a hub in Santa Cruz, tentatively scheduled for September, 2009. There should be a preview on each tour in the January newsletter.

6. Jerseys: After looking into the possibility of doing a new club jersey with two-tone roses (red-yellow gradient), it was decided to shelve that plan and order 100 units of our standard red-rose jersey. Delivery will be around the end of November, in time for Christmas shopping.

7. Holiday Dinner: Sharron Bates noted that there had been a mix-up with the Druids over the date of the Holiday Dinner party, and it has been rescheduled to December 13. (See pages 1 and 2.)

8. Roadside clean-up: Mike McGuire is in charge; Sunday, November 9 has been chosen for a fall clean-up day. It will be on Chalk Hill. (See item on page 7.)

9. Team Swift: Doug Simon requested \$200 to buy food for a rest stop on the Team Swift Cycle With Champions fund-raiser ride. Request granted. Team Swift leader Laura Charameda spoke to the membership about the event, scheduled for October 26.

10. Elections: Craig Gaevert noted the need for members to fill vacancies on Executive Board in 2009, and we also need someone to manage the club warehouse. (See items on pages 7 and 8.)

11. Speaker: Scott Bowen made a presentation on plans to create a state-of-the-art bike park in Santa Rosa. He is working with SRCC, Bike Monkey, the SCBC, and the City of Santa Rosa on identifying a site for the facility, which would contain a BMX course, trails and obstacle courses, bike rodeo ground, and even, possibly, a paved crit course and velodrome. Also, Chris Culver, head of SCBC, spoke to the membership about recent Coalition doings, and announced that they have just received a \$500,000 grant to implement the Safe Routes to School program.

• HOLIDAY DINNER PARTY •

• Annual Awards Presentation •

Saturday • December 13

Druids Hall • 1011 College • Santa Rosa

Reception (appetizers and BYOB...no bar): 5:30-6:30

Dinner (buffet service): 6:30

Dessert & Awards: 7:30-9:00

• Menu •

Appetizers from the kitchens of our club members

• • •

Entrée (choose one)

Includes Garden Green Salad, Dinner Rolls, Baked Potato, Vegetables (Corn & Green Beans)

Roast Prime Rib

Roasted Chicken

Vegetarian Lasagne

• • •

Assorted desserts from the kitchens of our club members

Coffee service

Dress: from "special occasion" casual to black tie

Evening is free to club members and their partners. A \$20 per person deposit holds your places. Deposit will be refunded at the door. **Seating is limited! To ensure your inclusion in this special evening, reservations must be received by December 1.**

We will need some help with set-up and take-down at the event. If you can lend a hand, call event coordinator Sharron Bates: 526-3512.

Clip or copy the form below and RSVP by December 1 to:

Sharron Bates, 1110 Suffolk, Santa Rosa, CA, 95401.

Makes checks payable to the Santa Rosa Cycling Club.

See article on page 1 for more information.

Name(s)	Entrée choice
_____	_____
_____	_____
Please specify whether you intend to bring an appetizer, dessert, or a gift for the Holiday Giving Tree. (One item per membership.)	
_____	_____

BACKROADS & BREAKAWAYS

B&B is a column for and about local club rides, news, gossip, anecdotes, odds and ends. If you have a story to share about a ride you led, your race results, a cycling vacation, whatever...call Bill Oetinger @ 823-9807 or send e-mail to: srcride@sonic.net.

This reporting period begins with the September 20-21 weekend. September 20 was the date of the Knoxville Double, and our gang was well represented at that affair. The organizers are steadfastly opposed to results showing any sort of detailed times or placings. They just list those who finished in alpha order. I'm a bit vague on which of these folks are club members currently, and I'm not going to take the time to look 'em all up in the roster to confirm whether their memberships have lapsed or not. I'm just listing all the folks whom I can identify as "homies" by some generous definition of what constitutes our SRCC extended family. There was some chat about the event afterward on our e-mail list. Most folks agreed the conditions were somewhat more benign than in previous years, which may account for the high level of finishers (around 90% of all starters). Most of those who posted notes to the list claim to have had good days. Most also agree that it's a very tough ride, especially now that they climb Loch Lomond to Whispering Pines (instead of going down Big Canyon). That is definitely an added challenge to an already hard ride. Anyway, here is the list of all our extended family members who got the hard job done: Richard Ballard, Richard Burger, Scot Castle, Scot Combs, Greg Durbin, Rollin Feld, Barley & Susan Forsman, Michael Leach, Greg Lester, Scott McEldowney, Doug McKenzie, Hunt Moore, Joe Morgan, Garth Powell, Bob Puckett, Craig Robertson, John Russell, Matt Wilson. Wow...19 people! The doubles scene appears to be alive and well in the SRCC community. *Chapeau!*

There was another long ride on the same day, this one on the club calendar. Bill Carroll listed the South County Century that went from SR down to Valley Ford, Chileno Valley, Spring Hill and back via Roberts and Pressley. Due to the fact that most of the club's speedier hammers were off doing Knoxville, the dozen people who showed up for this ride were able to stay together with much less of the "shelled out the back" scenario that so often occurs on C rides. Speaking as one of those who is so often shelled, it made a nice change to remain in the lead group throughout the day, even if I did have to beg a couple of lively pace setters to dial it back just a touch when the tempo crept up into the mid-20's. Overall, it was a pleasant day, with nice weather and generally favorable winds for frisky pacelines. The only blot on the day was an extremely nasty encounter with a psycho in a big pick-up on Spring Hill Road. On a wide, flat stretch, with loads of room, he came up on us from behind, floored it up to about 60-mph, blared his horn, and buzzed us so closely that he missed me by an inch or two and actually clipped Steve Kroeck on the side of the helmet with his rear-view mirror. The helmet has the black scuff of the mirror and Steve had a stiff neck to show how close he (and we) came to a real catastrophe. In all my 40+ years of riding, including commuting on Market Street in San Francisco, I have never seen such a close call, nor such an egregious case of naked, psychotic aggression. For the record, my split-second take is that it was a white, late-model Ford F250 or F350. There have been other reports of someone in a large, white pick-up hassling cyclists on Spring Hill Road, which probably means the guy is a local. If you ride down there, be on the alert for any truck matching that description. A police report has been filed, for whatever good that will do.

On Sunday, Rose Mello had an A ride out of SR that headed west to Sebastopol and then north to Windsor. Rose sent us a brief note saying she was surprised to see 35 people there for her ride. I don't know why she should be surprised by a good turnout. Rose is one of the most reliable and conscientious ride leaders we have. If listing a ride is like marketing a product, she is a proven brand that people trust. We could use a few more leaders like Rose (hint, hint).

The next weekend began with yet another century listing. This was my Ukiah-Clear Lake ride. I appreciate that it's a long haul to drive all the way up there for a ride, especially in these days of pricey gas, but I hate to leave the good roads of Mendocino and Lake counties unexplored for too long, and I guess I feel a bit like a religious preacher, trying to enlighten as many people as possible to all of these great back roads just a short drive away. What with the long drive and the late season, I was gratified to see a dozen people at the start in Hopland. Only a couple of them had done any of the most obscure roads (aside from Hopland Grade, which is pretty well known). So, because of the confusing, unknown nature of the route, we all agreed ahead of time to stick together, and that we managed to do pretty well, through all the tricky turns in Ukiah and Redwood Valley and around Blue Lakes and Clear Lake and Kelseyville. It turned out to be quite a hot day for October. I saw 96° on my cyclometer near Blue Lakes, and it was still over 90 when we tackled Hopland Grade, late in the ride. This caused a few riders to wilt rather badly. Fortunately, we were rescued by John Witkowitz's wife, who showed up around mile 80 in her car with water and ice to get us through to the finish. We would have been hurting without that support. Once we hit the Grade, and it was easy navigating to the finish, folks took off, tackling the big ups and downs at their own tempo, so that was the end of the close-knit group. But we heard from most people afterward that they had a great time and felt the miles of driving were a worthwhile investment to get to the great miles of riding the day provided.

On Sunday, Martin Clinton listed a ride that dovetailed with the Handcar Regatta at Railroad Square, which you may have seen mentioned in the PD. We found Martin at the festivities, and he told us only two people showed up for this ride. This is in contrast to the ride he listed out of Sonoma on September 6 (which we couldn't tell you about last month because Martin was out of town when we called him). For that one, we now find out, he had 50 riders! 50 riders one week, two riders the next...go figure. Well...those who skipped the Handcar Regatta ride missed a fun day. I rode in with my wife and we had a ball. What a spectacle! The event was a series of "time trials" for bizarre, home-built, highly artistic contraptions that raced along the railroad tracks. Those in charge are veterans of Burning Man, and the event was a cross between that anarchic festival and the goofball Kinetic Sculpture Race up in Ferndale. It was also a manifestation of the Steam Punk subculture: a blending of goth and punk and bike messenger chic and 19th-Century Jules Verne-style science fiction. If you were there, you know it was wild. If you weren't, you missed a crazy day.

Maybe all the people that might have done Martin's ride were out with Greg and Jan Conklin on this sunny Sunday. They had a ride starting from Finley Park and heading up to a coffee stop at Cafe Noto in Windsor. Greg tells me there were 25 people at the start. He described it as one of those no-news-is-good-news rides, where the worst thing that happened was one flat. The group split up at the coffee stop, with some not wanting to hang around as long as

— Continued on page 7

The following system is used in our ride schedule so that riders can estimate the relative difficulty of each ride.

TERRAIN

- 1:** Mostly flat (River Road, Dry Creek)
2: Rolling, easy grades (Westside Road)
3: Moderate grades (Graton Road)
4: Hilly; a few steep climbs (Coleman Valley Road, Franz Valley Road)
5: Very hilly; lots of long climbs (Trinity Grade, The Geysers, Skaggs Springs Road)
(If available, elevation gain may be listed.)

TEMPO

Actual ride speed may vary, depending on terrain, distance, weather, and group dynamics. Tempo listing is only a ballpark estimate.

- A:** relaxed pace; frequent regroupings; waits for all riders. Over 26 minutes*
B: touring pace; regroupings every 30-45 minutes; waits for all riders. 23-26 minutes*
C: brisk pace; pacelines likely; regroupings every 30-60 minutes. 19-22 minutes*

D: aggressive pace; pacelines; slower riders may miss regroupings. Under 19 minutes*

*Times are for official SRCC speed trap: 4.4 mostly uphill miles on Graton Road from Ross Road in Graton to summit at Tanuda/Facendini junction. If you want to know where you fit in on club rides, time yourself on this section (at your normal riding tempo) and compare your time to the list above.

DISTANCE

The last figure in the formula, stated in approximate miles. (If in doubt, leader should overestimate mileage slightly.)

• RSVP WITH RIDE LEADER •

Ride leaders should provide maps and/or route instructions. Riders should carry I.D., cash, tube(s), flat repair kit, water bottle(s), and have their own map in case they get lost.

HELMETS ARE MANDATORY ON ALL CLUB RIDES!

Non-members are welcome on club rides! (Non-members must sign a liability waiver provided by the ride leader.) If the course seems too long or difficult, the ride leader can generally suggest an alternate starting place or bail-out route.

RAIN CANCELS ALL RIDES,
UNLESS OTHERWISE NOTED.

RIDES LEAVE PROMPTLY AT TEN
MINUTES AFTER THE LISTED TIME.

RIDE SCHEDULE

PDF route slips available at www.srcc.com...go to Calendar of Rides

SATURDAY • NOVEMBER 1

Sweetwater Century

4/BC/100

8:00 AM • Youth Comm. Park

R on Fulton > R on Hall > L on Sanford > R on Occidental > R on Mill Station > L on Sullivan > L on Green Valley > L on Harrison Grade > R on Graton > L on Boho (*Rest stop in Occidental*) > R on Coleman Valley > R on Hwy 1 > R on Hwy 116 > R on Moscow (*Rest stop at Duncans Mills*) > L on Main Street in Monte Rio > Over bridge > R on Hwy 116 > L on Armstrong Woods > R on Sweetwater Springs > L on Westside > L on W Dry Creek > R on Yoakim Bridge > R on Dry Creek > L on Canyon > R on Hwy 128 (*Rest stop at Jimtown*) > L on Hwy 128 > R on Chalk Hill > L on Pleasant > R on Faught > R on Airport > L on Fulton to park.

Jeff Burton—217-2756

SUNDAY • NOVEMBER 2

Mt Tam: Up & Back

4/B/35

10:00 AM • Downtown Fairfax

Fairfax-Bolinas > L on W. Ridgecrest > L on E. Ridgecrest to summit (*rest stop*) > Retrace route to Fairfax.

Wayne Kellam—523-1878

SRCC Welcome Wagon Ride

1/A/10-15

10:00 AM • Ragle Park

An introductory ride for novice cyclists (although veteran riders are welcome too). Easy, social pace.. Plenty of opportunities for learning bike skills with supportive, experienced mentors. Instruction on working on bikes, if the riders want it.

Mike & Janice Eunice—575-9439

SATURDAY • NOVEMBER 8

King Ridge

5/CD/55

9:30 AM • Monte Rio

L on River Road > R on Austin Creek > R on Caz Hwy > King Ridge > L on Hauser Bridge > Seaview > L (straight) on Fort Ross > R (straight) on Meyers Grade > L on Hwy 1 > L on River > R on Moscow > L on Main St in Monte Rio > L over bridge to finish. *Later start so you can ride to Monte Rio!*

Matt Wilson— 495-3980

Bike Handling Skills Clinic

10:00 AM • Analy High School

Fun practice for all levels. Spandex and cleats optional. Practice letting your bike be independent of your body mass. Exercises in the parking lot, and maybe on the dirt track or grass field. Bring water bottle, energy bars. May last 2 hours or so. Interested co-leaders please call or email me.

Tom Helm—332-8792
tomhelm@sonic.net

SUNDAY • NOVEMBER 9

Adopt-a-Backroad

Litter Pick-up Day

Chalk Hill Road

9:00 AM • San Miguel School

See item on page 7 for more info.

Mike McGuire—542-6687

SATURDAY • NOVEMBER 15

Ida Clayton-Chalk Hill

4/C/55

9:30 AM • San Miguel School

L on Faught > L on Old Red > L on Mark West Springs > Porter Creek > L on Franz Valley > L on Hwy 128 > R on Ida Clayton to end of pavement > Retrace to R on Hwy 128 > L on Chalk Hill > L on Pleasant > R on Faught to finish. *An autumn tradition: checking out the fall colors in the Mayacamas Mountains.*

Bill Oetinger—823-9807

Pedaling to Cloverdale

3/AB/35-40

9:00 AM • Healdsburg City Hall

R on Grove > R on Mill > Westside > R on Kinley > L on Dry Creek > R on Lytton Springs > L on Geyserville > L on Canyon > R on Dry Creek > R on Dutcher Creek > Cloverdale Blvd > R on E. Broad > R on Main > L on First > Crocker > R on Asti > Geyserville > R on Independence > L on Fredson > R on Lytton Springs > L on Chiquita > R on Grove to City Hall.

Ken Russeff—953-1804

SUNDAY • NOVEMBER 16

Mt St Helena

10:00 AM • Hwy 29 summit lot
Robert L Stevenson State Park

Off-road to the top of Mt St Helena and back. Fire roads. Awesome views from the top!

Jose Mundo—528-0829

Rincon Rambler

3/B/55

9:30 AM • Skyhawk Village Market
5755 Mountain Hawk Dr, SR

West on Hwy 12 > R on Calistoga > L on Badger > R on Wallace > L on Riebli > L on Mark West Springs > R on Old Red > R on Faught > R on Chalk Hill > L on Hwy 128 (rest stop at Jimtown Store) > Return on Hwy 128 > R on Franz Valley > R on Porter Creek > Mark West Springs > L on Riebli > R on Wallace > L on Badger > R on Calistoga > L on Hwy 12 to finish at market.

Rick Sawyer—933-0760

SATURDAY • NOVEMBER 22

Lotsa Hills and Two Rocks

3/BC/46

9:30 AM • Cotati Vets

R on Myrtle > Valparaiso > L on Lund Hill > L on Cypress > R on Railroad > L on Stony Point > R on Jewett > Center > R on Liberty > R on Skillman > Eucalyptus > R on Middle Two Rock > L on Purvine > R on Spring Hill > L on Petaluma-Valley Ford > L on Gericke > R on Fallon-Two Rock > Whitaker Bluff > L on Middle > L on Dillon Beach (rest stop in Tomales) > R (north) on Hwy 1 > R on Fallon-Two Rock > L on Carmody > R on Petaluma-Valley Ford > L on Walker > L on Pepper > L on Mecham > L on Stony Point > R on W. Sierra > R on Valparaiso > Myrtle.
Steve Drucker—538-5256

SUNDAY • NOVEMBER 23

Cheese to Creamery

2-3/A-B/35

9:00 AM • Cheese Factory

R on Point Reyes-Petaluma > R on Point Reyes Pet over purple bridge > L on Shoreline Hwy To Point Reyes Cow Girl Creamery rest stop > R on Shoreline Hwy > R on Marshall-Petaluma > R on Hicks Valley > R on Point Reyes-Petaluma to Cheese Factory.

Rose Mello—543-5889

SATURDAY • NOVEMBER 29

Coleman-Bay Hill-Joy

4/BC/47

9:00 AM • Ragle Park

L on Mill Station > L on Sullivan > L on Green Valley > R on Thomas > Maddocks > R on Green Valley > L on Harrison Grade > Graton > L on Boho (regroup in Occidental) > R on Coleman Valley > L on Hwy 1 (regroup at Roadhouse) > L on Bay Hill > L on Hwy 1 > L on Bodega > L on Joy > R on Bittner > R on Boho (regroup in Freestone) > L on

Bodega > R on Barnett Valley > Sanders > L on Watertrough > R on Bodega > L on Ragle
Tony Buffa—824-4466

Mid-County Meandering

2/AB/35

9:00 AM • Youth Community Park

L on Fulton > L on Piner > R on Olivet > L on W. Olivet > R on Oakwild > L on Old Trenton > L on River > R on Trenton > Trenton-H'burg > L on Eastside > R on Wohler > R on Westside > Mill > L on Center (coffee at Oakville Grocery) > R on Matheson > R on 1st > Front > L on Healdsburg > R on Old Red > L on Limerick > R on Los Amigos > L on Arata > Hembree > R on Shiloh > L on Skylane > Laughlin > Woolsey > L on Wood > R on Fulton to Park.

Ken Russeff—953-1804

SUNDAY • NOVEMBER 30

Sugar Loafing

4/AB/30

10:00 AM • Howarth Park

Thru Howarth & Spring Lake Parks > Channel Drive > Thru Oakmont > L on Pythian > R on Hwy 12 > L on Adobe Canyon to Park Kiosk > Bald Mtn. trail to top > Return by same route.

Dave Batt—546-5301

Tom and Vicki's Birthday Ride

2-3/B/51

9:30 AM • Healdsburg City Hall

South on Grove > Vine > Right on Mill > Westside > Right on Mill Creek to end > Retrace to R on Westside > R on Felta > L on Foreman to end > Retrace to R on Westside > L on West Dry Creek to dead end (north of Yoakim Bridge) > Retrace to L on Lambert Bridge > R on Dry Creek > L on Lytton Springs > L on Lytton Station > R on Alexander Valley Road > Healdsburg Ave > R on Grove to City Hall.

Tom Bahning &
Vicki Duggan—525-1960



REGULAR RIDES

Wednesday Wanna-B's

B or C • 30-50 miles • 9:00 AM

First Wednesday: Howarth Park, Santa Rosa

B: Beth Anderson—874-3685

Vin Hoagland—584-8707

Second Wednesday: Healdsburg City Hall

C: Eric Peterson—433-7737

Third Wednesday: Ragle Park, Sebastopol

C: Jeff Burton—217-2756

Fourth Wednesday: Ragle Park, Sebastopol

B: Alfred Masy—546-0898

C: Johann Heinzl—539-7991

Fifth Wednesday: Howarth Park, SR

B: Bob Briner—799-7146

Friendly Fridays

B or C • 30-50 • 9:00 AM

First Friday: Cotati Dog Park

B: Greg Stone—527-6116

Second Friday: Howarth Park, Santa Rosa

B: Martin Clinton—569-0126

Third Friday: Ragle Park, Sebastopol

B: Doug Newberg—579-0925

Fourth Friday: City Hall lot, H'burg

B: Buck Hall—537-1946

C: Warren Watkins—433-4403

Fifth Friday (B group only): Esposti Park

B: Gary Grayson—538-9262

2-3/A/25-30 • 9:00 AM

Same schedule as other Friday rides

Janice Eunice—575-9439

Fourth Friday: George Gallegos—544-3178

& Carole Kolnes—838-3988

Flat Fixing Clinic

First Thursday of each month

6:30 pm. No cost • Call to sign up:

NorCal Bike Sport—573-0112

FOR SALE

Mountain Bike Shoes

Sidi Dominator 5 • SPD cleats • Size 44

• Brand new

Never worn (bought on EBay but they shipped the wrong size)

New: \$239 • Asking: \$120

Chris Buettner—874-2811

Shimano Components

Brand new Ultegra Crankset (53-39)

Never used...still in box • \$150

Long-cage Deore XT derailleur • \$65

Ultegra derailleur • \$50

Kipp—570-1242

"Old School" Cycling Shoes

For toe-cage type pedals (not clipless)

Sidi • Black • Men's 47 • \$25

Debra—415-641-9147

DT Swiss Rims, new & used

1450's (1450 grams a set) • 28 spokes,

bladed, front, rear • Radial front, 2x rear

Used • Retail: \$750 a set; asking \$275

340's (1685 grams a set)

28 front, 32 rear

New • Retail: \$600; asking \$400

Wes—545-3240

More BACKROADS & BREAKAWAYS

others, but apparently all made it back in good shape and a few even stuck around for lunch with Greg and Jan afterward.

And that put paid to September for 2008. Leading off October were two centuries on the same day. One was our annual club trek to the Grizzly Century up in the Sierra. Last year, it snowed the day before the ride and was bitterly cold the day of; this year, it rained both the day before and the day of. Not good. I guess it was even snowing higher up, but they improvised an alternate route that avoided the high country. All in all, it was not a really swell weekend for those who signed up. This is too bad, because if you catch the Griz in a good year, with a weekend of classic Indian Summer sunshine, it's just about as nice as a bike adventure can be. Let's hope we can have another of the good years soon, before we forget how enjoyable they are.

The other century was a club listing: Doug McKenzie's Two County Coastal Century, by now almost a fixture on the October list. It had rained here all day Friday, same as at the Griz—our first serious rain of the season—so there were serious doubts about whether this ride would happen. Doug reports: "It was cool and breezy when I looked outside for the start of the 2CCC ride. But there was no rain. It looked threatening but not nasty. The ride was on. Only four braved the weather for the start. We set a comfortable C pace all the way to Occidental, where we lost one rider who didn't feel like the full 100 miles. As we left Occidental, a couple riders went by us on the climb. I asked our riders if they felt like taking the bait. Matthew took it right off the bat, so I followed. It turned out one of the two was a good climber and made us work well past our C pace. We let the 'racers' go at the top of Coleman. The views were spectacular! Clear, clean air with some clouds. The wind really picked up at the coast. It was mostly good: cross or tailwinds all the way to Chileno Valley. There we stayed in a pace line and only managed about 14-mph into a strong headwind. Deanna was in Bloomfield with water and some goodies; cookies, munchies, and bananas. Much more than I expected. I just wanted to make sure we had water. The stop was much appreciated by all. We all made it back to Santa Rosa together. It was a pretty hardcore group; Matthew, Scott, Bob, and I, all 'fresh' off the Knoxville Double."

I love it when ride leaders (or their spouses) go the extra yard on their rides and set up aid stations. How cool is that? Bill Carroll's wife had done the same thing on his South County Century, and then we had the surprise rest stop—very much appreciated—on the Clear Lake Century. No ride leader is expected to provide these extra services, but it really is nice when it happens.

Janice and Mike Eunice had one of their Welcome Wagon Rides on Sunday, October 5. Janice reports: "My ride had eight participants including Mike and me. Sue, Alan, and Pat were veteran club members. New to the club were Julie, Debbie, and Steve. Julie and Debbie have been on my Welcome Wagon rides before, but Steve is very new. The route went 15 miles in and around Windsor, with a coffee stop at the Town Green to the Farmers Market. The news that excites me is that Julie reported that she rides her bike to work every day now, and wants to work on a car-free week. Debbie, a school teacher, wants to ride to school once a week. Mike and I worked on a route for her to try by herself on Sunday." I call Janice our gateway drug for getting folks hooked on cycling. Reading her report, you can see why.

Janice had an additional item in her note. Last month when I couldn't reach her, I speculated they must be off touring somewhere. Sure enough: "We just returned from a great tour of western Michigan, riding along Lake Michigan for 14 days with the tour ending on Mackinac Island where there are no cars, only horses and bicycles. There were no bugs, great weather, and great roads and bike paths." I'll believe the rest, but no bugs in the summer on Lake Michigan? C'mon Janice...pull the other one!

There were other big rides on that first weekend in October, in particular, the infamous Furnace Creek 508 (as in 508 non-stop miles). This year, the club was ably represented by Bill Bald Eagle Ellis and Greg Turkey Vulture Lester. Both did very well. Greg finished in 32:59 and Bill in 33:30. Bill posted a long write-up on his adventure to the club chat list, but we do not have space to reproduce it here. He wanted to give special thanks to his crew of Paul McKenzie, Robert Redmond, and Bill's wife Evelyn, and to Ron and Sharron Bates, who loaned him their van for his support vehicle. I hadn't heard anything from Greg about his ride, so I sent him an e-mail asking about it, and here's his reply: "Every day we ride is different from any other and the 508 is no different. This was my fourth, with each one humbling me in different ways. While this was my fastest time, it was not my most satisfying. At the pre-race meeting, race promoter Chris Kostman made the comment that he hoped everyone not only trained hard, but trained smart. I had trained hard, harder than ever, but as it turned out not too smart. My legs had not recovered from the training by starting time and they ached every minute of the ride...what a grind."

Greg has been a mystery man for me in recent years. I've seen his name on the results lists for many big rides, but hadn't ever met him on a club ride, so I asked him about that too. "Next time I ride with you I'll introduce myself. I think that the only club rides I went on this year were early in the year B rides of 30 to 50 miles on a tandem with my 18 year old son, Zach. He has Down Syndrome and does not speak, but other riders may remember him from the infectious grin he has when we ride. We were training for what was actually the highlight and my proudest ride of the year when he raised over \$2000 for Tahoe Adaptive Ski Center and we rode together in the Death Valley Century."

On Saturday, October 11, we staged the last of our official Second Saturday rides. (As noted last month, we are abandoning the SS format as a regular monthly feature, but it will live on in such special-event rides as the New Years Day Ride, the Free Lunch Ride, the WCC Workers' Ride, the Fourth of July Ride, and the annual Picnic Ride.) This was a rather unusual club ride in that we were coordinating our movements with a film crew from local public TV affiliate KRCB. They are producing a series of short pieces on the bike trails of Sonoma County, and they wanted to get some footage of the club riding on various paths. They got what we hope was nice film of us in several locations along the Prince Greenway and Joe Rodota Trail. They also interviewed several of us about bikes, bike trails, and bike clubs. It was all fun and interesting, but it did make our ride a bit herky jerky, what with hanging around while shots were set up. But all that took place in the first eight miles, between SR and Coffee Catz in Sebastopol. After that, we were off on our own, and predictably, the large group promptly disintegrated into a dozen smaller pods of riders, marching their way around the course to the beat of their own drummers. This complete diaspora makes an appropriate finale for the SS rides, which have always been marked by multi-tempo mayhem: everyone doing their own thing(s).

Adopt-a-Backroad Litter Pick-up Day

**9:00 AM • Sunday • November 9
San Miguel School (Faught Road)**

It's time again to heft our Hefty Bags and head out into the countryside in search of litter. Most of you know the drill, but for the ever-increasing numbers of new members, a brief summary of how, where, and why we do this...

The club has committed to clearing a couple of popular cycling roads of litter each year, one road each at six-month intervals. We do this, first of all, because it's simply a good thing to do. But we also do it as a gesture of goodwill to the residents along those roads, to show them that cyclists—at least those in the SRCC—are a positive force in the community.

We began the project—in conjunction with the County of Sonoma—in 2000, under the inspired leadership of Ed Ellington. Some skeptics doubted the project would succeed at all, let alone survive, year after year. And yet here we are, nine years and 18 litter pick-up days later, still going strong. In the beginning, we were only cleaning up West Dry Creek Road, twice a year, but after a few years, we decided to divide our energies up by doing West Dry Creek once each year and Chalk Hill once as well. We coordinated a clean-up day on West Dry Creek with the local homeowners' association in that area six months ago, and now it's time to turn our attention to Chalk Hill.

Many hands make light work of this task...around 40 sets of hands would be just about right. We'll divide the ten-mile long road up into short sections to be walked by crews of two or three. The collected bags of litter are hauled off to the dump.

After all the work is done, we will retire to a local bistro for lunch, courtesy of the club.

To sign up, or for more information: Mike McGuire, 542-6687.

2008 SRCC Grant Proposal

— Greg Durbin, Vice-President —

Most of us think of the SRCC as just a cycling club and indeed, the social and recreational aspects are a large part of who we are and what we do. But there is another aspect of our mission that is of particular importance to the club and has a direct impact on our activities: our Articles of Incorporation, filed and approved by the Secretary of State in early 1996, also state: "Our purpose is to promote the safe and efficient use of bicycles by staging club rides and cycling events and by maintaining an active presence in the local community through safety programs and political advocacy."

This aspect of our club identity is also important in maintaining our tax-exempt status with the IRS, 501(c)(4), a somewhat broad and catchall category of non-profits, which is loosely defined as a "Social Welfare Organization." Under this organization type, our activities should further the common good and general welfare of the people of the community. Were we to be a purely recreational cycling club without the educational aspects, we would fall under the "Social and Recreational Club" tax exempt category of 501(c)(7) which has a different set of rules and requirements.

So what does all this have to do with donations? Monies we give to the cycling coalitions, (especially the Sonoma County Bicycle Coalition), the bike rodeos, Community Bike Projects, Team Swift, Safe Kids Project, and several others all fulfill the requirement of "...maintaining an active presence in the local community through safety programs and political advocacy."

In years past, we have included charitable organizations such as the Boys and Girls Club, Canine Companions, the Diabetes Foundation, and the LiveStrong Foundation, among others, in our end-of-year donations voted on by club members. These are excellent and very worthy charitable organizations, unquestionably. However, in light of our documented purpose, the Board felt it important and prudent to refocus and limit the donations to organizations that have a direct impact on the local cycling community.

Thus, the Board presents the following slate for member input and review for distribution of our budgeted \$12,000 in fall monies: Community Bike Project, Earl Baum Center of the Blind, Ross Dillon Hope Fund, Safe Kids Project, LandPaths, Sonoma County Radio Amateurs, and Team Swift.

We will discuss and begin voting on these at the November General Meeting. As always, we welcome your input.

Club seeks new warehouse manager

For as many years as most of us can recall, Doug Simon has been the logistical keystone of the club...our so-called Quartermaster. His talent for organization, from the tiniest nuts-&-bolts details on up through the overall vision of club infrastructure, has been instrumental in making our club what it is today: a well-run machine that impresses everyone who sees it in action.

But all good things come to an end eventually, especially when those good things involve volunteer work. In the present case, Doug has finally let us know that he needs to hand off most of his responsibilities to others. He's busy remodeling a new home, and anyone who has done that knows how time-consuming it can be.

So we are now looking for someone to take over the management of our club warehouse and everything in it. This is a substantial undertaking, and it's a testament to Doug's contributions over the years that we now suggest it might take two or more people, working together, to handle what Doug handled alone. (Not that he ever worked solo; this is a great club, and he always has had plenty of help, as would anyone taking over for him now.)

Ideally, the person (or persons) taking this on would live relatively near the warehouse in northern SR, would have plenty of time—a retired or semi-retired person, perhaps—and would have good hands-on skills for building and maintenance tasks. Thanks to Doug's many years of work and planning, most of the hard jobs have already been done. The facilities and system are in place and functioning smoothly. At this point, we don't need to reinvent the wheel, just keep it rolling along as is.

This is an enormously important task for our club. If you have the aptitude, the time, and the interest to help out with this, please give it your serious consideration. Talk to Doug or to anyone on the Board about what this would entail. Doug and others who have assisted in the warehouse will be available to pass on the lore about how we do things. Not only would you be providing invaluable assistance to the club, you could be creating a project for yourself that provides you with a great deal of personal satisfaction.

SANTA ROSA CYCLING CLUB
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Member: LAB • CBC • CABO • REBAC • SCTC • SCBC

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- Vice-President: Greg Durbin528-4450
- Secretary: Donn King823-5461
- Treasurer: Donna Emery546-6359
- Officers at Large
- Martha Barton538-9315
- John Miklaucic.....545-3470
- Joe Morgan.....778-8209
- Gordon Stewart823-0941
- Martin Clinton.....569-0126
- Newsletter editor, ride director: Bill Oetinger.....823-9807
- Webmaster: Gordon Stewart823-0941
- Club apparel sales: Sharron Bates.....526-3512
- Membership registration: Gordon Stewart.....823-0941
- Meeting program coordinator: JoAnne Cohn.....566-9169

SRCC website: <http://www.srcc.com>

srccride@sonic.net (Bill Oetinger, e-wrangler)

To join the club or renew membership, please go to
www.srcc.com



The Santa Rosa Cycling Club is a social/recreational organization comprised of cycling enthusiasts with a wide range of abilities and interests. Our purpose is to promote the safe and efficient use of bicycles through club rides and events, and by maintaining an active presence in the local community. We encourage a large and vital membership and try to provide rides for all abilities. We publish a membership roster and a monthly newsletter and ride calendar. We hold a general membership meeting and an Executive Board meeting once each month.

GENERAL MEMBERSHIP MEETINGS

Wednesday, November 12 • 6:30 PM

Round Table Pizza

(Occidental Road, west of Stony Point)

Guest Speaker: Brooks Van Holt of www.bicycleczar.com

Wednesday, December 10

EXECUTIVE BOARD MEETINGS

(Open to all interested members)

Thursday, November 6 • 6:00 PM

TLCD Architecture • 111 Santa Rosa Ave. (SW corner at 1st St)
Door open between 5:45 and 6:00pm • After that, call 478-9387

Thursday, December 4

Time to take a pull at the front!

October is the month each year when we review the club's leadership positions, with an eye to who will be doing what in the coming year.

Looking ahead this year, we can see that we will need some new people to be involved in the management of the club in 2009. Some of the current members of the Executive Board have been there and done that for a number of years now, and while some are planning to stay on, others have let us know that they will be retiring, or at the very least taking a break for awhile.

That means several people will need to fill the gaps. The club functions best when there is a steady turnover of personnel in leadership, managerial positions. Having old, experienced hands on the Board is always valuable, but without new participants, things become stale. Most importantly, without active and varying input from many people, the regular members tend to take things for granted; to forget that this is *their* club; that each and every member is a stakeholder and a potential shaper of policy and planning.

The duties entailed by being on the Board are not onerous. Two meetings a month—Board and General—pretty much cover the time outlay. Some Board members take on additional tasks, but that is not essential, especially not for first-year officers.

If you are interested in being on the Board, talk to any of the current officers to learn more about what's involved. Please consider this seriously...we need your help.