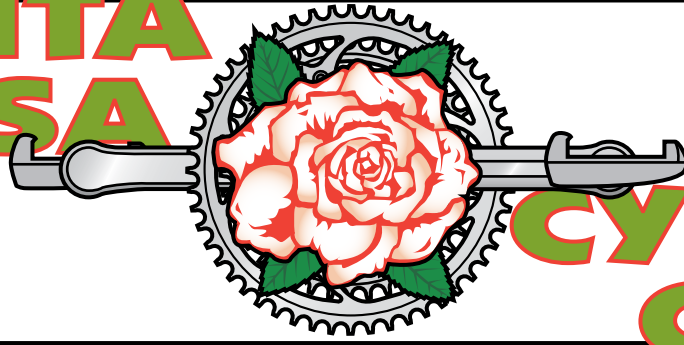


# SANTA ROSA



# CYCLING CLUB

## MAY 2014 NEWSLETTER

### Wine Country Century: May 3

Just a few days to lift-off on the biggest event of the SRCC year: the Wine Country Century on Saturday, May 3. On that morning, 2500 riders and well over 400 workers will fan out along the lovely back roads of Sonoma County, once again celebrating the best the region and the spring weather have to offer.

It should be a great day, thanks to all the hard work and planning of our committee chairs, and thanks to the time and energy expended by all our member volunteers.

At this point most of the crews are full and ready, but there are always a few last-minute holes to fill.

- We can always use a few more sags. If you have the right sort of vehicle, get in touch with sag boss Craig Gaevart. Bike mechanic skills (and tools) are not required but are a nice asset for a sag driver.
- We still need help on the late shifts at the finish (3:00-6:30 PM).
- If you want to sign up for a job and have not yet done so, go to the club's on-line [sign-up page](#), or track down Kimberly Hoffman, volunteer coordinator. Also talk to Kimberly if you have already signed up but have any questions about your assignment...or talk to your committee chair, if you know who that is.

### WCC Workers' Ride & Party: May 10

Once we've said goodbye to all of our visitors, it will be time for the volunteer workers to have their own party. One week after the WCC, on Saturday, May 10, we reward ourselves for our efforts by riding the course ourselves and by partying afterward at the same finish area at Wells Fargo Center.

See the back page of this newsletter or visit the WCC webpage for suggested start times for the various courses, and for the time windows for the rest stops. Be sure to [RSVP](#) if you plan to participate.

Please note that this party is for WCC workers only. It's our way of thanking all of the wonderful club members who give a little of their time to make our century one of the best events of its kind in Northern California.



Now that the Wine Country Century has been (almost) laid to rest, it's time to turn our attention to the club's other big event of the year: the Terrible Two Double Century, coming up on Saturday, June 21.

As we go to press in late April, there is no earth-shaking news about the upcoming ride. It's pretty much business as usual. We will again be offering both the full 200-mile route and also—new, as of last year—a 200-K loop that essentially follows the second half of the course.

Two minor bits of news: the big landslide on Fort Ross Road has been repaired—in record time!—so we will not have to implement the Meyers Grade detour we thought would be almost inevitable. But over in Calistoga, our traditional rest stop site is unavailable, so we have moved our stop one block further up the street to the high school. The adjustment for riders and workers should be minimal.

As always, we will need a full crew of volunteers, working with the cheerful efficiency that makes the TT the #1 rated double in the Triple Crown series. Many of our veteran volunteers have already let us know that they are on board, rarin' to go. But we always need new people. TT Co-chair Rick Sawyer and club webmaster Gordon Stewart are setting up a volunteer sign-up page similar to what we use for the WCC. It's not quite ready for your visits yet, but will be very shortly. We'll send out an alert in one of the weekly blast e-mails when it's operational.

We'll be looking for folks to take on all the usual assignments, from sag drivers to rest stop workers to course markers to warehouse cleaners (both before and after the ride). We always need a big crew at the finish at Analy HS, and in particular, we would like to have a second shift show up midway through the evening to take over the final hours of clean-up at the campus. Other workers who will have been there since earlier in the day will be running on empty as the evening drags on, so it's immensely helpful to get a fresh jolt of energy from new folks at the eleventh hour.

Veterans on the double century circuit will tell you: there is not another double quite like the Terrible Two. Other doubles may be just as hard, and some may be nearly as beautiful. But none of them lays on quite the level of support and *esprit* that the TT does...and by "the TT" in this case, we mean the folks working in support, all around the course. It is because of all of you that the event retains its legendary reputation, year after year.

However you can help, we will appreciate it. Look for our sign-up page soon, or get in touch with Rick Sawyer for suggestions on where you can pitch in.

# MINUTE MIX

Highlights from the General Membership and Executive Board meetings for April

**1. Call to Order:** President Sarah Schroer called the general meeting to order at the Round Table on Occidental Road on Wednesday, April 9. Approximately 55 members and friends were present.

**2. Treasurer's Report:** Treasurer Greg Durbin reported on current bank balances, as of March 31.

**3. Membership:** Registrar Gordon Stewart reported 1727 members (combining individual and family memberships). Liz Sinna acted as host at the New Member Table, with two new members on hand.

**4. Rides:** Ride Director Bill Oetinger did not circulate the ride calendar sign-up sheet for April. Bill and Webmaster Gordon Stewart announced that the time has come to abandon the monthly ride-submission cycle and move to a real-time ride-submission process. (See article, page 5.)

**5. Newsletter:** Bill Oetinger and Gordon Stewart reported on the process of moving from a hard-copy newsletter to a web-based news feed. Sarah asked members to send her suggestions for people who might be qualified to take on the job of club news coordinator, after the last newsletter is published next month.

**6. Education:** Sherry Adams reported on the SRCC Education Program. Don Graham is planning a first aid clinic. Steve Drucker will be analyzing crash data. Mike Adams is organizing a bike maintenance clinic. Steve Kroeck is planning skills clinics similar to the one run by his wife in April (see B&B).

**7. History:** Mike McGuire made a report on the 1891 origins of the Paris-Brest-Paris randonneuring event.

**8. WCC:** Chair Doug Simon reported on the WCC. (See article on page 1 and schedule on page 6.)

**9. Litter:** Mike McGuire announced that the club's semi-annual Adopt-a-Backroad litter pick-up day will be scheduled for Sunday, June 1. (See item, this page.)

**10. Bylaws:** Bridgette DeShields is heading up a committee of four that is reviewing the club's bylaws to bring them up-to-date with current laws and practices. Any proposed revisions will be presented to the Board and to the members around September.

**11. MM, AA:** Sarah Schroer reported on the recently concluded March Magic mileage challenge and noted that the April Alpina climbing challenge is now underway. (See item on page 5.)

**12. Brevets:** RBA Bob Redmond reported on the brevet series. (See item in B&B.)

**13. Incident Protocol:** Craig Gaevart and Susan Noble have prepared a draft proposal of an Incident Protocol form and have submitted it to the Board for review.

**14. Event Insurance:** Jerry Meshulem indicated that the club could save on premium costs for events by identifying which participants are members because they are already covered and don't need to be under the event coverage. Jerry will look into this further.

**15. TT:** Bill Oetinger made a brief report on planning for the upcoming Terrible Two double century. (See article on page 1.)

**16. Brochures:** The Board has asked Bill Oetinger to revise the club information brochure with new photos. (This is the free hand-out for bike stores.) Bill will be working on a new look.

## Adopt-a-Backroad Litter Pick-up Day

Sunday, June 1 • 9:00 AM

Healdsburg Safeway parking lot

It's time again to heft our Hefty Bags and head out into the countryside in search of litter. The club has committed to clearing various popular cycling roads of litter each year, one road each at six-month intervals. Our chosen road this time around is Westside Road, from West Dry Creek to Wohler Bridge.

We do this, first of all, because it's simply a good thing to do. But we also do it as a gesture of goodwill to the residents along those roads, to show them that cyclists—at least those in the SRCC—are a positive force in the community. It's especially good to do this project after the WCC and WCC Workers' Ride, when we have put so many bikes on these roads and have perhaps caused the locals some inconvenience. To get that message across, we set up road signs while we're working that announce who we are and what we're doing out there.

Many hands make light work of this task...around 40 sets of hands would be just about right. We'll divide the ten-mile long road up into short sections to be walked by crews of two or three. The collected bags of litter are hauled off to the dump.

After we have cleaned the roads, we will clean our plates over lunch at the Bear Republic in Healdsburg, paid for by the club.

It's possible (and fun) to turn this project into a bike ride. Ride to the start in Healdsburg, then out to your assigned stretch of road for the litter lifting (stashing your bike in a secure spot). Then ride back into Healdsburg for the lunch, and then back home afterward. To sign up or for more information...

Mike McGuire • 542-6687 • [mmcguire@pacbell.net](mailto:mmcguire@pacbell.net)

Ramona Turner • 479-7539 • [raturner@sonic.net](mailto:raturner@sonic.net)

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## Still looking for a news coordinator

Two months to go before our newsletter editor departs, and still no one has offered to take on even a small share of the task of coordinating the club news content at the new Club News page.

We're looking for someone who is active in club life; someone who is aware of what news items need to be featured each month. (Much of that can be learned from referring back to whatever was featured in the same month in previous years, available in our newsletter archives.) Several people may write the needed copy, but there needs to be one person who has oversight; who can say: "We need to cover this story now."

It needn't be a huge job: just a few minutes a week. But it's critical for the health of the club that it be done. As of July 1, much of what now appears in the newsletter will go away if someone does not step forward to manage this.

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**17. Featured Presentation:** Two presentations. First, Michael Teller spoke about Community Bikes, the cooperatively run shop that renovates old bikes and puts them back on the road. Then representatives from VeloMed made a presentation about their team of 64 doctors and medical professionals who ride in all of the local events, providing medical assistance when emergencies arise during the events.

## BACKROADS & BREAKAWAYS

*B&B is a column for and about local club rides, news, gossip, anecdotes, odds and ends. If you have a story to share about a ride you led, your race results, a cycling vacation, whatever...call Bill Oettinger @ 823-9807 or send e-mail to: srccride@sonic.net.*

Spring has sprung in a big way around the North Bay. We're livin' large and loving this best of all possible seasons. We kick off this reporting period with a bang: with a multi-tempo ride out of Hopmonk brew pub in Sebastopol on March 22. Many people helped make this day a success, but the ringleader was Liz Sinna, so she gets the first word here...

"We had close to 100 riders with about 70 staying for refreshments afterwards at HopMonk. Thank you everyone for making it a great day! Special thanks to the ride leaders and to Bridgette, our resident Ride With GPS expert, who helped with all the routes and helped me make this a smooth and successful event and day. Thanks also to Gordon and Bill—West County peeps—for ensuring the routes were safe and went off without a hitch. Keep your eyes peeled for the next multi-level potluck ride in July!"

Jack Hartnett reported on the A ride: "Another fantastic ride with all our special friends today. The A group rolled out of Sebastopol a few minutes after 9:00 with 28 riders, including a new couple recently moved into Sonoma County from Alabama. A chilly, foggy start, but by the time we reached Forestville, the sun was warming things up and we all started peeling off the layers. A short stop at Korbel for munchies, then back on the road. No crashes; however I heard and witnessed at least three flats. Thank you David Abramo for helping me co-lead."

Bridgette DeShields reported on the B ride: "There were 37 participants for the B ride. We headed out of Sebastopol on the trail to Mill Station. The fog cleared as we approached Graton, and the weather was perfect for the climb. We regrouped in Occidental, where one rider had a flat. One rider had a minor crash on Bodega Hwy west of Freestone, damaging a derailleur, and then stopped in Valley Ford to get a ride home. Other than that, no incidents. After a short stop at the Valley Ford Market, we proceeded on the route, enjoying the green hills along Franklin School and Whitaker Bluff Roads. We made our way back along Bloomfield Road and joined the festivities at Hopmonk. Thanks to David Fitch for co-leading and to the folks at Hopmonk for the great service and venue."

C ride report from Luke Scrivanich and Liz Sinna: "We enjoyed a strong showing on the C level ride, as 25+ enthusiastic cyclists saddled up for a 50-mile jaunt through the west county out to the coast and back. As per the pre-ride briefing, we generally maintained single file pace lines and separated into sensibly-sized pods to facilitate safe passing zones for motorized traffic."

"A dense marine layer hampered visibility during the early miles, but burned off as we neared the coast. Coastal winds were calm and traffic was relatively light for Hwy 1 on a Saturday. After taking in the awe-inspiring scenery (always amazed by the sheer beauty of the county we call home), we began the slog up Coleman Valley Road, occasionally taking in the gorgeous views. A quick stop in Occidental and we headed back to the barn for a fine outdoor lunch with the friendly members of our magnificent club."

Richard Anderson reported on the D ride: "We started out eight cyclists strong. The foggy weather seemed particularly chilly relative to the weather of late. But the farther we rode, the nicer it

became. When we passed Goat Rock and started pace-lining down the coast, we were treated to an expansive and very spectacular view of the Sonoma coastline. Coleman Valley-Joy-Bittner were dispensed with at varying paces. We regrouped in Occidental and then paced each other through Freestone to Jonive. From there we rolled out the remaining miles, with a good time had by all."

Such a big production would be a hard act to follow, but the next day Steve and Barbara Drucker were up to the challenge, listing an A & B ride from Old Sonoma through the Carneros and around to a break in Browns Valley, on the outskirts of Napa (and back). Steve reports that 26 riders showed up and enjoyed a pleasant day of ideal weather, light traffic, and no problems.

On Saturday, March 29, Ken Cabeen listed a challenging hill fest out of San Miguel School. I wish I could paste in the entirety of Ken's report on the ride (which he posted to the chat list), but it's too long. How to condense it? Seven riders at the start, two opting for a shorter route, then two others joining (who had started earlier). The ride was built around three big out-&-backs: up to the first summit on the Geysers, up to the guardrail on Pine Flat, and up to the flat on Ida Clayton for a total of almost 80 miles. (Call it Fearsome Five Lite.) The ride followed approximately the story line one would expect with seven strong riders tackling three giant climbs: they all completed the course, and all claimed to be bushed at the end, but still managed to keep up a good tempo throughout, one that would have trashed most of us. Lots of mingling with the Red Peloton race team on both the Geysers and Pine Flat. One flat tire to mar an otherwise nearly perfect day. There were showers here and there around the region on this day, but apparently Ken and his pals dodged them all. Not so lucky was Steve Drucker, trying for one more ride to pad his March Magic stats. His AB ride out of Willowside School was rained out.

Mary Barsony and Sunny Mawson organized an A ride on the last Sunday in March and they too dodged the drizzle. Mary reports: "A small and sociable group of ten set out from Healdsburg City Hall parking lot. We enjoyed the beautiful, green scenery, with the puffy clouds and blue skies up West Dry Creek towards Yoakim Bridge. The special treat was seeing the steelhead trout at the Fish Hatchery, behind the Sonoma Lake Dam Visitors' Center. (They travel 3000 miles from Alaska to return to their birthplace in Dry Creek to spawn, then eventually return to the ocean, with human help for the first three miles.) We backtracked on Dry Creek Road, with a food stop at the Dry Creek General Store, before returning to our starting point."

There were two rides on the first Saturday in April. One was a women's skills clinic put on by Jessie Kroeck. She sent in this report: "There was a terrific turn-out, with 15 ladies starting with me at Analy High School, 12 club riders (one joined the day before), and three others who will soon, we hope, join this fine establishment. Except for a couple of directional mishaps, an illness, and one leaving for a time constraint, we all stayed together as a group. For me, it was such a treat to see how these ladies took suggestions so willingly, enthusiastically applied them, and then ultimately made tremendous strides, especially in how much more comfortable they looked on their bikes (maybe they didn't feel that way, but they sure looked it!). I especially appreciated that no matter how many times they heard me yell, 'Breathe! Sit! Thumbs on top!' they still smiled and gave it their best. Their questions, enthusiasm, and interest made this, simply, a wonderful experience."

— Continued on page 4

One woman who wasn't at Jessie's skills clinic was Christine Logan, who was leading her own ride, a tough, hilly loop at B pace. It included the steep climbs of Calistoga Road (all of it) and Spring Mountain, plus the steep descent of Kortum Canyon into Calistoga. Christine reports 14 riders at the start (all men). Things went well for the most part, and almost everyone completed the very challenging loop. However, one rider was clearly in way over his head, and his bonking and other difficulties put a damper on the day for Christine and the other riders. We talk about the problem of stronger riders showing up for moderate rides and blowing them apart, but at least those stronger riders are usually competent and self-reliant. If they go off the front, never to be seen again, the ride leader doesn't really worry about them. A less common problem, but one we see now and then, is the rider who is not able to perform at the listed level of the ride, forcing the rest of the group to wait or assist or otherwise modify their own rides to accommodate him (or her). We always want to be inclusive and helpful on our rides, but part of the implied contract between the rider and the club is that the rider should be able to ride at the listed tempo and handle the climbs and descents along the route. We expect our ride participants to look at the routes ahead of time: to understand what's in store and to make good choices on what rides they attempt.

Speaking of hard rides, Georg Ockefuss listed a real bruiser on Sunday of this weekend: 62 miles at CD tempo, out of Howarth Park. "Eight of us took off on this lovely spring morning. We had one guest from Portland joining us. The ride over Sonoma Mountain was beautiful and a good warm-up for what was ahead. After regrouping at the top and again on Warm Springs, we rode through Glen Ellen to the base of Cavedale. All of us started the climb together. One rider had his second of two flats at this point (with new tires, no less) and decided to take a shortcut back home. Also another rider told us that we didn't have to wait for him. So at the top of Cavedale we were down to six. The ride down the backside of Trinity and Oakville Grade and along Silverado trail to Saint Helena was relaxing and very beautiful. There we got some more water before going up the last big challenge. Finally the creeks were filled, the grass was fluorescing green, and so many wild flowers were sprinkled along the road. This all helped as a distraction going up the cruel Spring Mountain climb and down the other side. Besides the small bump on Calistoga Road, we had an easy way back home."

And yet more hard, steep rides: this was also the day of the annual, infamous Nifty Ten Fifty, Paul McKenzie's ridiculous leg-breaker over in Berserkely. Given its thoroughly outré nature, we're not going to devote a lot of column inches to it here. But Paul did his usual great job of writing up the adventure at his own blog, which you can find [here](#).

One week later and a bit closer to home, Paul's kid brother Doug was on the calendar with another annual leg-breaker of a hill climb: his Pine Flat Challenge time trial, which starts out as a conventional road ride out of Piner HS, then regroups and becomes a mass-start TT at the base of Pine Flat. Doug sent this note to the chat list: "A good ride yesterday. Pace on the way out was civilized, unlike some past years. Only had to stop for brief regroupings. 21 finished the Challenge. Excellent conditions, 50's at the start and mid 60's

at the top. We rode through the fog on the flats, then climbed into a beautiful sky at the top. Top 5:

Alex Brookhouse: 52:40

Jonathan Lee: 55:06

Doug McKenzie: 59:00

Rick Pepper: 59:34

Ken Cabeen: 1:03

"We had a good safe ride down, as many other cyclists and motorists were heading up. Pace picked up on the way back and broke up the group. I circled back to make sure no one got lost, but it's an easy route (out and back). No issues...well, two flats. One on the way and one on Pine Flat. (Matt M was well on his way to a sub-hour when he flatted near the guardrail.) Thanks to Deanna and Paul for helping out. And of course, to Clif Bar for the treats at the top."

This was also the day of our 300-K brevet (from Healdsburg to Point Reyes and back). At least three good reports on the event were posted to the chat list, and once again, we can count on Paul McKenzie for providing an extended report at his own page [here](#). All the reports that were posted documented life at the sharp end of the ride...right up front, where the fastest times ranged from 10:14 to 10:23 (those times spanning Marc Moons, Carl Sanders, Mighuel Sanchez, and the Paul McKenzie/Sarah Schroer tandem). However, there was one rider on the course who was even faster: Andreas Schultz started 50 minutes late, but his ET at the finish was only 10:09. Bear in mind, these fast times are for a 186-mile ride—almost a double century—on a course that is not all that easy. This ride can be brutally difficult if the winds are acting up, but this year, for a change, they weren't too bad, and that, plus a stellar cast of hammers, led to the record-breaking times. Event coordinator Bob Redmond reports 34 starters and 31 finishers, with the slowest rider clocking in with a time of 18:02. Thanks as always to the fine folks who make our brevets so well-supported and so much fun: Bill and Evelyn Ellis, Scott Duncan, Bob Redmond, Jean Martin, Bonnie Hogue, and Bridgette DeShields.

Speaking of Bridgette: she pulled double duty on this day, leading her own ride before heading up to Healdsburg to help out at the brevet. Her AB ride was out into Pope Valley, looking for wildflowers: "A total of 22 riders convened in St. Helena, including two guests from Marin County. The clouds cleared as we headed out from Crane Park to Howell Mountain Road. We had pleasant conversation up Howell Mountain with little to no traffic and beautiful views. We continued uphill with a nice but short segment on the Falls Road bike trail. The descent on Ink Grade was pretty bumpy, and we passed a large group making their way up Ink Grade from Pope Valley. We stopped at the Pope Valley Market for refreshments (note, it is open on Saturdays but the port-a-potty was not in service). We continued through the rollers in Pope Valley and finally found wildflowers. The descent past Lake Hennessy was wonderfully smooth. After a short loop down and back around Silverado Trail, we headed back to Crane Park. The weather was perfect and everyone commented on the beauty of the ride.

But wait: there's more! Also on this busy day, David Fitch had a B ride out of Healdsburg, heading up to Cloverdale, then up the north face of the Geysers to the junction with the Resort Road, where the climbing ratchets up from just challenging to killer. I was on this ride and can report there were about 30 riders at the start. We all stayed together up West Dry Creek and over Dutcher

— Continued on page 5

## March Magicians rollout the miles

Approximately 40 club members took up the challenge of March Magic: registering at our on-line site and pledging to ride a certain number of miles during the month. 28 riders exceeded their goals, and the total miles logged exceeded 22,000.

Seven riders topped the 1000-mile mark: Bill Dunn\* (1250), Doug McKenzie (1176), Georg Ockenfuss (1129), David Fitch (1099), Sarah Schroer (1070), Eric LaFranchi (1008), and Bonnie Hogue (1006). Several other riders exceeded the 750-mile target, and many others hit whatever targets they had set for themselves.

\*That assumes the "BillD" who did 290 fixed-gear miles is Bill Dunn, who also logged 960 miles in the regular bike category. (It's confusing if participants don't use their full first and last names when setting up accounts for any of our on-line logs.)

During the month of April, hill-happy riders have been legging it up every mountain they could find and logging on to document their accumulated ascents. We'll report on [April Alpina](#) next month.

Meanwhile, our [Commuter Miles](#) and [Century Challenge](#) logs continue all year long. The commute log documents and honors all miles and trips where a bike is used in lieu of a car. And the century log records all of your rides of approximately 100 miles. In all cases, the logs exist just for the fun of it, but they also serve as inspiration for other club members: hey, if he (or she) can do that, maybe I can too! Check out the logs and consider signing up.

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### **More B&B** *Continued from page 4*

to a break at Plank Coffee in Cloverdale. Things started to string out some as we hit the assorted climbs and dips and ramps heading up the rocky canyon of Big Sulphur Creek. But everyone regrouped at the appointed turnaround spot. Most people took the time to ride down Resort Road to a point where the vista opens up back down the lovely green valley. After the break, quite a few people elected to continue up and over the top of the Geysers, while the balance stuck with the plan of retracing back down the canyon and down Alexander Valley to Healdsburg. One rider was stymied by an unfixable tire meltdown partway back down the canyon, but he was fortunate to flag down a good samaritan in a truck who gave him a lift back to civilization. The official route was just over 70 miles, while the steeper hump over the summit was more like 60+. It would be hard to imagine a more beautiful day and locale for a bike ride. The weather was perfect, and that remote, rugged Geysers landscape never looked better...greened up and preening, as if posing for a nature calendar photo.

Further afield, Rick Sawyer was the lone SRCC representative at the Hemet Double Century on this day, and he turned in a very respectable ride of 13:15. Also showing the club colors, but minus the bikes: Jady Palko and Greg Durbin participated in a 50-mile, 10,000'+ ultra-marathon foot race on this same day. This club is just chock full of busy beavers!

At the other end of the spectrum, about as far from hardcore as we can get, Mike and Janice Eunice hosted another of their entry-level Welcome Wagon rides on Sunday, April 13. We can't say for sure than anyone entering the SRCC family at this end of the pipeline will eventually end up at the other end: doing 300-K brevets and double centuries. But it's possible. And anyway...fast, slow, long, short...isn't it nice that all stripes of cycling's rainbow flag are embraced within this club?

## Ride submission process for SRCC weekend rides

The process of submitting rides appearing in the club calendar is changing. (We may continue to fine tune this process, but for now, this is what we are proposing.)

The system that has served us well for many years was designed around the publication of a monthly newsletter. Since the newsletter was prepared in the middle of the previous month, ride leaders frequently had to commit to a ride four to six weeks before the date of the ride.

The advent of the web-based calendar has relaxed the need for this monthly publication cycle and allows rides to be scheduled and announced in a much shorter time frame. (We still encourage and accept listings many weeks in advance on the calendar, especially for bigger, harder rides, where folks may want to plan ahead for those big challenges.)

So how does this affect you as a club member?

If you are participating in (rather than leading) club rides, there is no change. The weekend rides will continue to be listed at the web site as they have been in the past.

As a ride leader, the changes are also minimal. All weekend rides will continue to be submitted using the usual ride-submittal form. Even though the procedures stay the same, the timing of when rides are submitted is relaxed, in that they can now be submitted at any time and will then be published on the calendar almost immediately.

The steps to follow in setting up a ride:

1. Decide, at least in general, on the ride you want to lead.
  2. Go to the ride calendar and find a day that fits your schedule where there are no other rides similar to the ride you have in mind (or rides that would conflict with your ride in some way).
  3. At the top of the Ride Calendar page you'll see a link to "Rides in Process." Click on this link to see a list of rides that have been submitted by other ride leaders but that may not yet have made it onto the public calendar. Make sure your ride does not conflict with any of these rides either.
  4. Once you've determined there are no conflicts, finish up the specs on your ride and submit it for the date you've selected.
- Then, behind the scenes....
5. The Ride Director receives the ride submission and reviews it for safety, etc. (If the ride director does have concerns about your listing, you will receive an e-mail discussing the issues, and the matter should be quickly resolved.)
  6. The ride is published as soon as possible after the ride director approves it.

This is basically a first come, first served scheduling process.

The rides listed under Rides in Process are up to the moment, so between the calendar and the Rides in Process list, you get a complete picture of what other leaders have planned.

If the ride director sees a hole in the schedule, a notice may be posted asking for a specific sort of ride to fill that gap. These "Ride Needed" alerts may appear on the calendar or may be posted in the weekly blast e-mails to all members.

# SANTA ROSA CYCLING CLUB

PO Box 6008

Santa Rosa, CA 95406

President: Sarah Schroer .....364-7560

Vice-President: Bob Redmond.....799-0764

Secretary: Bridgette DeShields.....578-7912

Treasurer: Greg Durbin .....217-1549

**Officers at Large**

Sherry Adams.....294-7442

Mike Adams.....540-4173

Jerry Meshulam .....829-0787

John Mills.....477-7271

Steve Drucker .....538-5256

Newsletter editor, ride director: Bill Oetinger.....823-9807

Membership registration: Gordon Stewart.....823-0941

Meeting program coordinator: John Mills.....477-7271

E-mail contact list at club website [here](#).

To join the club or renew membership, please go to

<http://www.srcc.com>

Bill Oetinger, club e-wrangler: srccride@sonic.net

Gordon Stewart, webmaster: gastew@gmail.com

**Ride calendar available at the club website.**



The Santa Rosa Cycling Club is a social/recreational organization comprised of cycling enthusiasts with a wide range of abilities and interests. Our purpose is to promote the safe and efficient use of bicycles through club rides and events, and by maintaining an active presence in the local community. We encourage a large and vital membership and try to provide rides for all abilities. We publish a membership roster and a monthly newsletter and ride calendar. We hold a general membership meeting and an Executive Board meeting once each month.

## GENERAL MEMBERSHIP MEETINGS

Wednesday, May 14 • 6:30 PM

Occidental Road Round Table Pizza

*No featured presentation; just social time after the meeting, including post-WCC comments*

Wednesday, June 11 • 6:30 PM

## EXECUTIVE BOARD MEETINGS

(Open to all interested members)

Wednesday, May 7 • 6:30 PM

Marlow Center Round Table

Wednesday, June 4 • 6:30 PM

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Member: LAB • CBC • CABO • REBAC • SCTC • SCBC

04/17/14 19:52

## WINE COUNTRY CENTURY WORKERS' RIDES

SATURDAY • MAY 10

All rides, regardless of distance or tempo, start at Wells Fargo Center, at the big tent (same as the regular WCC). The after-ride party is at the same site. Start times below are to assist you in finding riding companions who will be doing the same routes and at the same tempo as you plan to do. [Be sure to RSVP.](#)

### WCC Workers' Ride Start Times

| Route    | A    | B     | C    | D    |
|----------|------|-------|------|------|
| 35-mile  | 9:30 | 10:00 |      |      |
| 100-K    | 8:00 | 8:00  | 8:30 | 8:30 |
| 100-mile |      | 6:30  | 7:00 | 7:00 |

### WCC Workers' Ride Rest Stop Times

| Rest Stop                         | Open  | Close |
|-----------------------------------|-------|-------|
| Graton (35-mile route only)       | 10:30 | 12:00 |
| Monte Rio (100-mile & 200-K only) | 7:30  | 9:30  |
| Wohler Bridge                     | 8:30  | 11:00 |
| Warm Springs                      | 9:30  | 12:45 |
| Alexander Valley                  | 11:00 | 2:45  |
| WFC (after-ride picnic)           | 12:00 | 4:30  |
| Beer served at WFC                | 12:00 | 4:00  |