




## Weekend Warmup A ride

Barlow Center @ Morris, Sebastopol

At	Go	On	For	At	Go	On	For
0.0	>	Morris St (North)	0.4	27.7	L	Windsor Rd	3.0
0.4	R	Eddie Ln	0.3	30.7	>	Mark West Station Rd	0.3
0.7	L	N Main St	0.1	31.0	L	Slusser Rd	2.0
0.9	R	West County Trail	1.1	33.0	L	River Rd	0.3
2.0	X	Hwy-116 to Mill Station	1.4	33.3	R	Olivet Rd	1.2
3.4	R	stay on Mill Station Rd	0.5	34.5	L	Piner Rd	0.5
3.9	L	Cherry Ridge Rd	1.7	35.0	R	Willowside Rd	2.0
5.5	R	Occidental Rd	0.6	37.0	R	Hall Rd	1.0
6.1	L	Green Hill Rd	0.8	38.0	L	Sanford Rd	0.9
6.9	R	Graton Rd	2.0	38.9	R	Occidental Rd	0.4
8.9	L	Sullivan Rd	0.5	39.3	L	High School Rd	1.3
9.4	R	Green Valley Rd	0.4	40.6	L	Eddie Ln	0.3
9.8	L	West County Trail	1.2	40.9	L	Morris St	0.4
11.1	R	Ross Station Rd	0.0	41.3	E	End of route	
11.1	L	Ross Branch Rd	0.0				
11.1	R	West County Trail	1.0				
12.1	R	Pajaro Ln	0.1				
12.2	L	Forestville St	0.1				
12.3	L	1st St/Railroad Ave	0.1				
12.4	L	Front St/Hwy 116	0.8				
13.3	R	Martinelli Rd	2.8				
16.0	L	Old River Rd	0.9				
16.9	R	Grays Rd	0.1				
17.0	L	River Rd	0.3				
17.3	R	Westside Rd	3.0				
20.3	R	Wohler Rd	1.1				
21.3	L	Eastside Rd	1.2				
22.5	L	stay on Eastside Rd	3.3				
25.8	R	Windsor River Rd	1.7				
27.5	L	Honsa Ave	0.1				
27.6		Cafe Noto - Coffee Stop	0.1				

Carry ID, Wear a Helmet  
Sonoma Emergency 707-565-2121