

Terrain: 3. Moderate grades



Mileage: 28

Hill Climbing and Descending Clinic

Analy High School, 6950 Analy Ave, Sebastopol

At	Go On	For
0.0	> Analy High	0.1
0.1	> W County Trails.	1.1
1.2	Parking area before Hwy 116	0.0
1.2	X Hwy 116 to Mill Station	1.4
2.6	> Ferguson Rd.	1.3
3.9	At Bodega, wait	0.0
3.9	R Bodega Hwy	0.1
4.0	R Montgomery Rd.	1.5
5.5	At Cherry Ridge, wait.	0.0
5.5	R Cherry Ridge Rd	0.7
6.2	At Mill Station, Return	1.2
7.4	At Grandview, wait	1.2
8.6	Return down Cherry Ridge	0.0
8.6	At Mill Station, Wait.	0.0
8.6	L Mill Station	1.3
9.9	L Sullivan Rd	0.4
10.3	R Graton Rd	0.6
10.9	Rest stop and Skills Review.	0.0
10.9	L W County Trails.	0.6
11.6	L Green Valley Rd	1.2
12.7	R Thomas Rd	1.5
14.3	L Maddocks Rd	0.7
14.9	L Green Valley Rd	2.1
17.0	R West County Trail	0.6
17.6	L/R Graton Rd/Bowen	0.3
17.9	L West County Trail	0.7
18.6	L Occidental Rd	0.9
19.5	R W County Trail	2.2
21.7	E Analy High	

Led by Jessie Kroeck

Map at <http://ridewithgps.com/routes/12169217>

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